

ALL REGISTRATIONS RECEIVED BY THE **FEBRUARY 1ST DEADLINE** WILL BE ENTERED INTO A RAFFLE TO WIN A FAVARH SHIRT!



**Favarrh Recreation,
Wellness & Education**

February 2019



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
"Don't let yesterday take up too much of today." Will Rogers				1	2	3
4	5	6	7	8	9	10
3:30-5:00 Country Line Dancing		3:30-5:00 Zumba		7:00-9:00 Favarrh Valentine Dance Avon Sr. Ctr.		
11	12	13	14	15	16	17
	3:30-5:00 Yoga Class	3:30-5:00 Valentine Bracelet Craft	6:00-8:00 Blue Fox Bowling			
18	19	20	21	22	23	24
3:30-5:00 Country Line Dancing		3:30-5:00 Zumba		6:30-9:30 Movie Night	6:00-10:00 Hartford Wolfpack Hockey	
25	26	27	28		"Once you replace negative thoughts with positive ones, you'll start having positive results." Willie Nelson	
	3:30-5:00 Yoga Class					
						

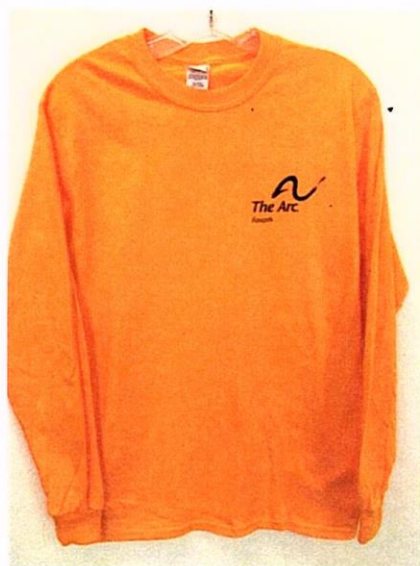
EVENTS

**SOCT/ Special Olympics
Farmington Valley CT/Unified**
For more information contact the
local coordinator at:
sofarmingtonvalley@gmail.com

To register and confirm in a timely manner
please sign up for activities by
DEADLINE Feb. 1st
Jean Miller, Family & Recreation
Services Director
jmiller@favarrh.org ~ 860-693-6662 ext.128

Not sure if an activity is still on because
of the weather? Call the
CANCELLATION HOTLINE
at 860-693-6662 ext.122
to see if the activity has been cancelled.
Sorry individual calls will not be made.

Favarh Long Sleeve Tee Shirts



\$12.00 Each

Gold ~ Sizes S, M, L, XL

Send to; Jean Miller, Favarh Recreation

225 Commerce Drive, Canton 06019

860-693-6662 ext. 128 ~ jmiller@favarh.org

Order on recreation registration form.

ACTIVITY DETAILS

Country Line Dancing with Shellie

Description: We'll wear our cowboy hats (provided) and learn basic country line dancing with Shellie!

Date/Time: *Monday, Feb 4 & 18, 3:30-5:00 pm*

Drop Off/Pick Up: 225 Commerce Drive, Canton

Registration Fee: \$20 (Covers 2 weeks and instructors fee) Activity Fee: None Group Limit: None

ZUMBA with Jessica (Favarh theatre dance instructor)

Description: A 45 min. beginner level ZUMBA class with the goal of having fun! Followed by a healthy snack!

Location: Favarh, 225 Commerce Drive, Canton (lower level)

Date/Time: *2 weeks, Wednesday, Feb. 6 & 20, 3:30-5:00 p.m.*

Registration Fee: \$20 (Covers 2 weeks and instructors fee) Activity Fee: None Group Limit: None

Favarh Valentine Dance Party

Description: A Valentine dance party with refreshments. Bring your sweetheart or come alone! Either way it will be fun!

Location: Avon Senior Center, 635 West Avon Road, Avon

Date/Time: *Friday, Feb. 8th, 7:00-9:00 pm*

Drop Off/Pick Up: Avon Senior Center

Registration Fee: \$15 Activity Fee: None Group Limit: None *Volunteers needed: 2

Yoga with Sharon

Description: 45 minutes of yoga stretches and relaxation, with a local instructor, followed by a healthy snack.

Date/Time: *Tuesday, Feb, 12 & 26, 3:30-5:00* Leader: Jean Miller

Drop Off/Pick Up: Favarh, 225 Commerce Drive, Canton (lower level)

Registration Fee: \$20 (Covers 2 weeks and instructors fee) Activity Fee: Group Limit: none

Valentine Bracelet Craft

Description: We'll make 2 beaded bracelet's one for you and one for someone you love. Or 2 for people you love!

Location: Favarh, 225 Commerce Drive, Canton (lower level) Leader: Jean Miller

Date/Time: *Wednesday, Feb. 13, 3:30-5:00 p.m.*

Drop Off/Pick Up: 225 Commerce Drive, Canton, CT

Registration Fee: \$15 Activity Fee: Group Limit: *Volunteers needed: 2

Bowling

Description: A great night of bowling with your friends! **Must be pre-registered to participate.**

Date/Time: **Thursday, Feb. 14, 6 - 8 pm** Leader: Dennis Bianchi

Drop Off/Pick Up: Blue Fox Rock 'n Bowl, 1603 Hopmeadow St, Simsbury, CT

Registration Fee: \$11

Activity Fee: **Cost of bowling is now included in the registration fee.** (free shoe rental) extra \$ for refreshments.

Group Limit: 16 *Volunteers needed: 2

Movie Club

Location: Simsbury Commons

Date/Time: **Friday, Feb. 22, 6:30-9:30 pm** Leader: Al Fields

Drop Off/Pick Up: Simsbury Commons Movie Theater, 530 Bushy Hill Rd., Simsbury

Registration Fee: \$14

Activity Fee: Bring \$ for refreshments Group limit: 10 *Volunteers needed: 2

Hartford Wolfpack Hockey Game

Description: Hartford Wolfpack vs Providence Bruins

Location: XL Center Hartford Leader: Rebecca Shopey

Date/Time: **Saturday, Feb. 23, 6:00-10:00 p.m.**

Drop Off/Pick Up: 225 Commerce Drive, Canton, CT

Registration Fee: \$28 Activity Fee: Bring \$ for refreshments Group Limit: 8 *Volunteers needed: 2

You can also register on-line at www.favarh.org.....It's easy for you and easier for us!

Yoga, Zumba, and Country Line Dance classes are open to anyone interested in attending at a cost of \$5/class to cover the instructor. Please let me know if you will be attending by calling 860-693-6662 x128, or jmiller@favarh.org. Thanks!



We have gold, long sleeve tee shirts available at a cost of \$12 each. Please indicate size (S) small, (M) medium, (L) large, or (XL) extra-large on the form. Pick up or I can send home!



Mail your completed Registration Form and check (payable to Favarh) to:
Recreation & Wellness Dept.
225 Commerce Drive Canton, CT 06019

Please contact Jean Miller 860-693-6662 X128, jmiller@favarh.org with questions
February 2019 Registration Form

Participant Information

Name:	Phone:
Seizures:	Allergies/Food Sensitivities:
Address:	City :
State:	Zip Code:
Emergency contact during activities, name & phone	
Email for notifications:	

Parents/Guardian if applicable

Father/Guardian Name:	Mother/Guardian Name:
Cell Phone:	Cell Phone:
E-mail:	E-mail:

VOLUNTEERS NEEDED Parents/Friends/Family Members that volunteer will receive FREE entrance to all activities!
Due to costs, we are no longer waiving the service fee or allowing non-rec paid staff to receive free entrance.

Note: All activities are managed by one paid Leader plus volunteers.

Activity		√ if volunteering	Bring Extra Cash for:		Pay this amount
<input type="checkbox"/> Country Line Dancing					\$ 20.00
<input type="checkbox"/> Zumba					\$ 20.00
<input type="checkbox"/> Bowling			Bring \$ for snacks		\$ 11.00
<input type="checkbox"/> Wolfpack Game			Bring \$ for snacks		\$ 28.00
<input type="checkbox"/> Yoga					\$ 20.00
<input type="checkbox"/> Valentine Bracelets					\$ 15.00
<input type="checkbox"/> Valentine Dance					\$ 15.00
<input type="checkbox"/> Movie Night			Bring \$ for snacks		\$ 14.00
<input type="checkbox"/> Purchase Shirt	Quantity		Size		\$ 12.00
Registered volunteers will receive a FREE ticket to events attended.					TOTAL
Name of Volunteer attending:					

Cancellations accepted for credit only up to 1 week before event. **No credit for cancellations later than 48 hours prior to event or if tickets have already been purchased.**

I am my own guardian or, I am the parent/guardian of the above named individual, and give my approval to participate in these Activities, including at times, transportation to and from the Activities. I know that participation in these Activities may result in injuries and/or accidents and do hereby waive, release, absolve, indemnify, and agree to hold harmless The Arc of the Farmington Valley, Inc. (dba Favarh), the employees, sponsors, volunteers, participants and persons providing transportation whether result of negligence or for any other cause. I hereby give my consent to Favarh for the taking and use of photographs of the above named individual while participating in these activities.

Signature

Date