



Favarh Recreation, Wellness & Education

JULY 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
"Love the life you live. Live the life you love." – Bob Marley		4	5	6	7	8
		4th of JULY				
9	10	11	12	13	14	15
		3:30-5:00 Let's Paint			1:00-3:00 Blue Fox Mini Golf & Ice Cream	
16	17	18	19	20	21	22
3:30-5:00 Walk-Fit		3:30-5:00 Zumba		6:30-9:30 Movie Club		
23	24	25	26	27	28	29
3:30-5:00 Walk-Fit		3:30-5:00 Zumba				
30	31				"Wheresoever you go, go with all your heart." – Confucius	
3:30-5:00 Walk-Fit	3:30-5:00 Yoga Class					
						

EVENTS

**SOCT/ Special Olympics
Farmington Valley CT/Unified**
For more information contact the
local coordinator at:
sofarmingtonvalley@gmail.com

To register and confirm in a timely manner
please sign up for activities by the
DEADLINE of July 6th
Jean Miller, Family & Recreation
Services Director
jmiller@favarh.org ~ 860-693-6662 ext.128

Not sure if an activity is still on because
of the weather? Call the
CANCELLATION HOTLINE
at 860-693-6662 ext.122
to see if the activity has been cancelled.
Sorry individual calls will not be made.

Favarh

The 60th Anniversary Gala

Sponsored by:
Farmington Bank
and
The Rideshare Company

The evening includes:

Dinner

Dancing

Live entertainment by

The Corvettes

Doo Wop Revue

A Fabulous Silent Auction

For Tickets call 860-693-6662 x116
or visit www.favarh.org



ACTIVITY DETAILS

Let's Paint!

Description: You'll be given acrylic paint and a canvas to create your own masterpiece! We'll display your painting on the **Favarh Art Wall (to be returned next month)**

Location: Favarh, 225 Commerce Drive, Canton (lower level) Leader: Jean Miller

Date/Time: ***Wednesday, July 11, 3:30-5:00 p.m.***

Drop Off/Pick Up: 225 Commerce Drive, Canton, CT 06019

Registration Fee: \$15 Activity Fee: none Group Limit: none *Volunteers needed: 2

Blue Fox Mini Golf and Ice Cream

Description: Enjoy one round of mini golf followed by ice cream.

Leaders: TBD When: ***Saturday, July 14, 1:00-3:00***

Drop Off/Pick Up: Blue Fox Mini Golf, Simsbury (next to the bowling alley)

Registration Fee: \$12 Activity Fee: Bring \$ for ice cream.

Group Limit: None *Volunteers needed: 2

Walk-Fit

Description: Enjoy a vigorous walk on the trail from Favarh, followed by a healthy snack.

Location: Favarh, ***Monday, July 16, 23, 30~ 3:30-5:00 p.m.***

Drop Off/Pick Up: 225 Commerce Drive, Canton, CT 06019

Registration Fee: \$15 (3 weeks) Activity Fee: none Group Limit: none *Volunteers needed: 2

ZUMBA with Jessica (Favarh theatre dance instructor)

Description: A 45 min. beginner level ZUMBA class with the goal of having fun! Followed by a healthy snack!

Location: Favarh, 225 Commerce Drive, Canton (lower level)

Date/Time: ***Wednesday, July 18 & 25~ 3:30-5:00 p.m.***

Drop Off/Pick Up: 225 Commerce Drive, Canton, CT 06019

Registration Fee: \$10 Activity Fee: **Bring \$5.00/week for the instructor** Group Limit: none

Movie Club

Location: Simsbury Commons

Date/Time: **Friday, July 20, 6:30 - 9:30 pm** Leader: Al Fields

Drop Off/Pick Up: Simsbury Commons Movie Theater, 530 Bushy Hill Rd., Simsbury

Registration Fee: \$14

Activity Fee: Bring \$ for refreshments Group limit: 10 *Volunteers needed: 2

Yoga with Sharon

Description: 45 minutes of yoga stretches and relaxation, with a local instructor, followed by a healthy snack.

Date/Time: **Tuesday, July 31, 3:30-5:00** Leader: Jean Miller

Drop Off/Pick Up: Favarh, 225 Commerce Drive, Canton (lower level)

Registration Fee: \$5 Activity Fee: **Bring \$5.00/week for the instructor** Group Limit: none

Favarh Hawaiian Luau Dance Party **POSTPONED UNTIL AUGUST 24TH**

Description: Wear your Hawaiian shirt and we'll provide the leis! Dancing and refreshments!

Location: Avon Senior Center, 635 West Avon Road, Avon

Date/Time: **Friday, July 27, 7:00-9:00 pm**

Drop Off/Pick Up: Avon Senior Center

Registration Fee: \$15 Activity Fee: None Group Limit: None *Volunteers needed: 2



Mail your completed Registration Form and check (payable to Favarh) to:
Recreation & Wellness Dept.
225 Commerce Drive Canton, CT 06019

Please contact Jean Miller 860-693-6662 X128, jmiller@favarh.org with questions
July 2018 Registration Form

Participant Information

Name:	Phone:
DOB:	Sex (M or F) :
Address:	City :
State:	Zip Code:
Emergency contact name & number:	
Email:	

Parents/Guardian if applicable

Father/Guardian Name:	Mother/Guardian Name:
Cell Phone:	Cell Phone:
E-mail:	E-mail:

VOLUNTEERS NEEDED Parents/Friends/Family Members that volunteer will receive FREE entrance to all activities!
Due to costs, we are no longer waiving the service fee or allowing non-rec paid staff to receive free entrance.

Note: All activities are managed by one paid Leader plus volunteers.

Activity	Ticket or Supply Fee	√ if volunteering	Bring Extra Cash for:	Service Fee	Total Fees
<input type="checkbox"/> Walk-Fit 3 weeks				\$15.00	\$15.00
<input type="checkbox"/> Zumba 2 weeks			Bring \$5 for instructor/week	\$10.00	\$10.00
<input type="checkbox"/> Yoga 1 weeks			Bring \$5 for instructor/week	\$ 5.00	\$ 5.00
<input type="checkbox"/> Mini Golf	\$ 6.00			\$ 5.00	\$11.00
<input type="checkbox"/> Movie Club	\$ 9.00		Bring \$ for snacks, etc.	\$ 5.00	\$14.00
<input type="checkbox"/> Let's Paint	\$10.00			\$ 5.00	\$15.00
<input type="checkbox"/>					
<input type="checkbox"/>					
<input type="checkbox"/>					
<input type="checkbox"/>					
Registered volunteers will receive a FREE ticket to events attended.					TOTAL
Name of Volunteer attending:					

Cancellations accepted for credit only up to 1 week before event. **No credit for cancellations later than 48 hours prior to event or if tickets have already been purchased.**

I am my own guardian or, I am the parent/guardian of the above named individual, and give my approval to participate in these Activities, including at times, transportation to and from the Activities. I know that participation in these Activities may result in injuries and/or accidents and do hereby waive, release, absolve, indemnify, and agree to hold harmless The Arc of the Farmington Valley, Inc. (dba Favarh), the employees, sponsors, volunteers, participants and persons providing transportation whether result of negligence or for any other cause. I hereby give my consent to Favarh for the taking and use of photographs of the above named individual while participating in these activities.

Signature

Date