

ALL REGISTRATIONS RECEIVED BY THE **DECEMBER 8TH DEADLINE** WILL BE ENTERED INTO A RAFFLE TO WIN A FAVARH TEE SHIRT OR BAG!



**Favarh Recreation,
Wellness & Education**

December 2018



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Love yourself. It is important to stay positive because beauty comes from the inside out. Jenn Proske					1	2
3	4	5	6	7	8	9
Hanukkah						
10	11	12	13	14	15	16
	3:30-5:00 Yoga Class		6:00-8:00 Blue Fox Bowling	6:00-8:00 Holiday Dinner/Dance		
17	18	19	20	21	22	23
3:30-5:00 Country Line Dancing		3:30-5:00 Let's Paint		6:30-9:30 Movie Night		
24	25	26	27	28	Surround yourself with positive people and you'll be a positive person. Kellie Pickler	
	Christmas	Kawanzaa				
						

EVENTS

**SOCT/ Special Olympics
Farmington Valley CT/Unified**
For more information contact the
local coordinator at:
sofarmingtonvalley@gmail.com

To register and confirm in a timely manner
please sign up for activities by
DEADLINE DECEMBER 8TH
Jean Miller, Family & Recreation
Services Director
jmiller@favarh.org ~ 860-693-6662 ext.128

Not sure if an activity is still on because
of the weather? Call the
CANCELLATION HOTLINE
at 860-693-6662 ext.122
to see if the activity has been cancelled.
Sorry individual calls will not be made.

ACTIVITY DETAILS

Yoga with Sharon

Description: 45 minutes of yoga stretches and relaxation, with a local instructor, followed by a healthy snack.

Date/Time: ***Tuesday, Dec. 11, 3:30-5:00*** Leader: Jean Miller

Drop Off/Pick Up: Favarh, 225 Commerce Drive, Canton (lower level)

Registration Fee: \$5 (1 week) Activity Fee: **Bring \$5.00/week for the instructor.** Group Limit: none

Bowling

Description: A great night of bowling with your friends! **Must be pre-registered to participate.**

Date/Time: ***Thursday, December 13, 6 - 8 pm*** Leader: Dennis Bianchi

Drop Off/Pick Up: Blue Fox Rock 'n Bowl, 1603 Hopmeadow St, Simsbury, CT

Registration Fee: \$11

Activity Fee: **Cost of bowling is now included in the registration fee**, (free shoe rental) extra \$ for refreshments.

Group Limit: 16 *Volunteers needed: 2

Holiday Dinner Dance Avon

Description: Enjoy a buffet dinner and dancing. Bring a \$5-\$10 grab bag gift if you wish to participate.

Leader: Jean Date/Time: ***Friday, December 14, 6:00-8:00***

Drop Off/Pick Up: Avon Senior Center, 635 West Avon Road, Avon

Registration Fee: \$25 Activity Fee: None Group Limit: 8 Volunteers needed: 2

Country Line Dancing with Shellie

Description: We'll wear our cowboy hats (provided) and learn basic country line dancing with Shellie!

Date/Time: ***Monday, December 17, 3:30-5:00 pm***

Drop Off/Pick Up: 225 Commerce Drive, Canton

Registration Fee: \$5 Activity Fee: **Bring \$5.00/week for the instructor** Group Limit: None *Volunteers needed: 2

Let's Paint!

Description: You'll be given acrylic paint and a canvas to create your own masterpiece! We'll display your painting on the **Favarh Art Wall** **(to be returned next month)**

Location: Favarh, 225 Commerce Drive, Canton (lower level) Leader: Jean Miller

Date/Time: ***Wednesday, December 19, 3:30-5:00 p.m.***

Drop Off/Pick Up: 225 Commerce Drive, Canton, CT

Registration Fee: \$15 Activity Fee: Group Limit: *Volunteers needed: 2

Movie Club

Location: Simsbury Commons

Date/Time: ***Friday, December 21, 6:30-9:30 pm*** Leader: Al Fields

Drop Off/Pick Up: Simsbury Commons Movie Theater, 530 Bushy Hill Rd., Simsbury

Registration Fee: \$14

Activity Fee: Bring \$ for refreshments Group limit: 10 *Volunteers needed: 2

Yoga and Country Line Dance classes are open to anyone interested in attending at a cost of \$5/class to cover the instructor. Please let me know if you will be attending by calling 860-693-6662 x128, or jmiller@favarh.org. Thanks!



Mail your completed Registration Form and check (payable to Favarh) to:
Recreation & Wellness Dept.
225 Commerce Drive Canton, CT 06019

Please contact Jean Miller 860-693-6662 X128, jmiller@favarh.org with questions
December 2018 Registration Form

Participant Information

Name:	Phone:
DOB:	Sex (M or F) :
Address:	City :
State:	Zip Code:
Emergency contact name & number:	
Email:	

Parents/Guardian if applicable

Father/Guardian Name:	Mother/Guardian Name:
Cell Phone:	Cell Phone:
E-mail:	E-mail:

VOLUNTEERS NEEDED Parents/Friends/Family Members that volunteer will receive FREE entrance to all activities!
Due to costs, we are no longer waiving the service fee or allowing non-rec paid staff to receive free entrance.

Note: All activities are managed by one paid Leader plus volunteers.

Activity		√ if volunteering	Bring Extra Cash for:		Pay this amount
<input type="checkbox"/> Yoga			Bring \$5 instructor fee		\$ 5.00
<input type="checkbox"/> Bowling			Bring \$ for snacks		\$ 11.00
<input type="checkbox"/> Holiday Dance			Bring a \$5-\$10 grab bag		\$ 25.00
<input type="checkbox"/> Line Dancing			Bring \$5 instructor fee		\$ 5.00
<input type="checkbox"/> Let's Paint					\$ 15.00
<input type="checkbox"/> Movie Club			\$ for snacks		\$ 14.00
<input type="checkbox"/>					
<input type="checkbox"/>					
<input type="checkbox"/>					
<input type="checkbox"/>					
Registered volunteers will receive a FREE ticket to events attended. Name of Volunteer attending:					TOTAL

Cancellations accepted for credit only up to 1 week before event. **No credit for cancellations later than 48 hours prior to event or if tickets have already been purchased.**

I am my own guardian or, I am the parent/guardian of the above named individual, and give my approval to participate in these Activities, including at times, transportation to and from the Activities. I know that participation in these Activities may result in injuries and/or accidents and do hereby waive, release, absolve, indemnify, and agree to hold harmless The Arc of the Farmington Valley, Inc. (dba Favarh), the employees, sponsors, volunteers, participants and persons providing transportation whether result of negligence or for any other cause. I hereby give my consent to Favarh for the taking and use of photographs of the above named individual while participating in these activities.

Signature

Date