

ALL REGISTRATIONS RECEIVED BY THE **MAY 31ST DEADLINE** WILL BE ENTERED INTO A RAFFLE TO WIN A FAVARH SHIRT!



Favarh Recreation, Wellness & Education

JUNE 2019



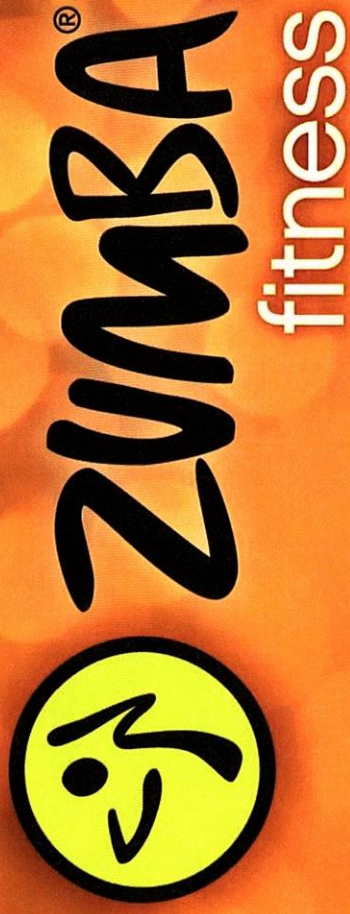
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Surround yourself with good people who make you feel great and give you positive energy.					1	2
3	4	5	6	7	8	9
3:30-5:00 Country Line Dancing		3:30-5:00 Zumba		3:00-5:00 Law Enforcement Torch Run		
10	11	12	13	14	15	16
3:30-5:00 Walk-Fit	3:30-5:00 Yoga Class	3:30-5:00 Painting with Sandy	6:00-8:00 Bowling Awards		10:00-2:00 Summit Hiking Club	
17	18	19	20	1 ST DAY SUMMER 21	22	23
3:30-5:00 Country Line Dancing	6:00-10:00 Hartford Yard Goats	3:30-5:00 Zumba		6:30-9:30 Movie Club		12:00-4:00 Beauty and the Beast The Favarh Players
24	25	26	27	28	“It was June, and the world smelled of roses. The sunshine was like powdered gold over the grassy hillside.”	
3:30-5:00 Walk-Fit	3:30-5:00 Yoga Class					
						

EVENTS

**SOCT/ Special Olympics
Farmington Valley CT/Unified**
For more information contact the
local coordinator at:
sotfarmingtonvalley@gmail.com

To register and confirm in a timely manner
please sign up for activities by
DEADLINE MAY 31ST
Jean Miller, Family & Recreation
Services Director
jmiller@favarh.org ~ 860-693-6662 ext.128

Not sure if an activity is still on because
of the weather? Call the
CANCELLATION HOTLINE
at 860-693-6662 ext.122
to see if the activity has been cancelled.
Sorry individual calls will not be made.



Come Zumba® for a cause!
Favarh Players presents two sessions of Zumba®
to benefit the theatre program!

Featuring:

Licensed Instructor Jessica

45 Minutes of Fabulous Fun

Friendly Faces

Great Workout

\$10 per class

June 7th and 14th

6:00PM

225 Commerce Drive

Canton, CT 06019



ZUMBA®

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ACTIVITY DETAILS

Country Line Dancing with Shellie

Description: We'll wear our cowboy hats (provided) and learn basic country line dancing with Shellie!

Date/Time: **Monday, June 3 & 17, 3:30-5:00 pm**

Drop Off/Pick Up: 225 Commerce Drive, Canton

Registration Fee: \$20 (Covers 2 weeks and instructors fee) Activity Fee: None Group Limit: None

ZUMBA with Jessica (Favarh theatre dance instructor)

Description: A 45 min. beginner level ZUMBA class with the goal of having fun and getting fit!

Location: Favarh, 225 Commerce Drive, Canton (lower level)

Date/Time: **2 weeks, Wednesday, June 5 & 19, 3:30-5:00 p.m.**

Registration Fee: \$20 (Covers 2 weeks and instructors fee) Activity Fee: None Group Limit: None

Law Enforcement Torch Run & Ben and Jerry's

Description: We'll gather on the Canton Green to cheer on the Canton Police as they run through with the Special Olympics torch, followed by ice cream at Ben & Jerry's. Exact time may vary. We may depart early so if you arrive to the office after 3:00 it may not work for you.

Location: Favarh, **Friday, June 7, 3:00-5:00**, Leader: Jean Miller

Drop Off/Pick Up: 225 Commerce Drive, Canton Registration Fee: \$5 Activity Fee: Bring \$ for ice cream

Painting with Sandy!

Description: You'll create a beautiful piece of art by using a technique called "Acrylic Pouring"

Location: Favarh, 225 Commerce Drive, Canton (lower level)

Date/Time: **Wednesday, June 12, 3:30-5:00 p.m.**

Registration Fee: \$15 Activity Fee: None Group Limit: 10

Walk-Fit

Description: Enjoy a vigorous walk on the trail from Favarh, followed by a healthy snack.

Location: Favarh, **Monday, June 10 & 24, 3:30-5:00**, Leader: Tammy Bridges

Drop Off/Pick Up: 225 Commerce Drive, Canton, CT 06019

Registration Fee: \$10 (2 week) Activity Fee: none Group Limit: none *Volunteers needed: 2

Yoga with Sharon

Description: 45 minutes of yoga stretches and relaxation followed by a healthy snack.

Date/Time: **Tuesday, June 11 & 25, 3:30-5:00** Leader: Jean Miller

Drop Off/Pick Up: Favarh, 225 Commerce Drive, Canton (lower level)

Registration Fee: \$20 (Covers 2 weeks and instructors fee) Activity Fee: None Group Limit: None

Bowling Awards

Description: We'll bowl one game, followed by pizza and bowling award presentations. This activity is intended for those that have bowled a minimum of 4 games since the league started in September. **Must be pre-registered to participate.**

Date/Time: **Thursday, June 13, 6 - 8 pm** Leader: Dennis Bianchi Registration Fee: \$11 Activity Fee: extra \$ for refreshments

Drop Off/Pick Up: Blue Fox Rock 'n Bowl, 1603 Hopmeadow St, Simsbury, CT

Hartford Yard Goats vs. Bowie Baysox

Description: Tickets provided by Rideshare! **THESE GAMES SELL OUT FAST!**

Leaders: TBD Date/Time: **Tuesday, June 18, 6:00-10:00**

Drop Off/Pick Up: Favarh, 225 Commerce Drive, Canton Registration Fee: \$8.00

Activity Fee: Bring \$ for food and souvenirs Group Limit: 8

Movie Club

Location: Simsbury Commons

Date/Time: **Friday, June 21, 6:30-9:30 pm** Leader: Al Fields

Drop Off/Pick Up: Simsbury Commons Movie Theater, 530 Bushy Hill Rd., Simsbury

Registration Fee: \$14 Activity Fee: Bring \$ for refreshments Group limit: 10 *Volunteers needed: 2

Favarh Summit Hiking Club

Location: Penwood Park, Bloomfield - See flyer for details

Leaders: Steve Morris Date/Time: **Saturday, June 15, 10:00-2:00**

Drop Off/Pick Up: Penwood Park, Bloomfield ~ Front Parking Lot Registration Fee: \$5.00

Beauty and the Beast ~ Favarh Players

Description: CT Family Theatre & The Favarh Players collaborate to produce a spectacular, unified performance of Beauty & the Beast.

Location: Rice Auditorium, NW Catholic High School, 29 Wampanoag Road, West Hartford

Date/Time: **Sunday, June 23, 12:00-4:00 pm**

Drop Off/Pick Up: Favarh, 225 Commerce Drive, Canton

Registration Fee: \$18 Activity Fee: Bring \$ for snack and raffle. Group Limit: 8



Mail your completed Registration Form and check (payable to Favarh) to:
Recreation & Wellness Dept.
225 Commerce Drive Canton, CT 06019

Please contact Jean Miller 860-693-6662 X128, jmiller@favarh.org with questions
June 2019 Registration Form

Participant Information

Name:	Phone:
Seizures:	Allergies/Food Sensitivities:
Address:	City :
State:	Zip Code:
Emergency contact during activities, name & phone	
Email for notifications:	

Parents/Guardian if applicable

Father/Guardian Name:	Mother/Guardian Name:
Cell Phone:	Cell Phone:
E-mail:	E-mail:

VOLUNTEERS NEEDED Parents/Friends/Family Members that volunteer will receive FREE entrance to all activities!

Note: All activities are managed by one paid Leader plus volunteers.

Activity		√ if volunteering	Bring Extra Cash for:		Pay this amount
<input type="checkbox"/> Country Line	2 weeks				\$ 20.00
<input type="checkbox"/> Zumba	2 weeks				\$ 20.00
<input type="checkbox"/> Torch Run & Ice Cream			Bring \$ for ice cream		\$ 5.00
<input type="checkbox"/> Walk Fit	2 weeks				\$ 10.00
<input type="checkbox"/> Yoga	2 weeks				\$ 20.00
<input type="checkbox"/> Painting					\$ 15.00
<input type="checkbox"/> Bowling			Bring \$ for Snacks		\$ 11.00
<input type="checkbox"/> Hartford Yard Goats			Bring \$ for food/souvenirs		\$ 8.00
<input type="checkbox"/> Beauty & the Beast			Bring \$ for Snacks/Raffle		\$ 18.00
<input type="checkbox"/> Hike			See flyer for what to bring		\$ 5.00
<input type="checkbox"/> Movie Club			Bring \$ for Snacks		\$ 14.00
Registered volunteers will receive a FREE ticket to events attended. Name of Volunteer attending:					TOTAL

Cancellations accepted for credit only up to 1 week before event. **No credit for cancellations later than 48 hours prior to event or if tickets have already been purchased.**

I am my own guardian or, I am the parent/guardian of the above named individual, and give my approval to participate in these Activities, including at times, transportation to and from the Activities. I know that participation in these Activities may result in injuries and/or accidents and do hereby waive, release, absolve, indemnify, and agree to hold harmless The Arc of the Farmington Valley, Inc. (dba Favarh), the employees, sponsors, volunteers, participants and persons providing transportation whether result of negligence or for any other cause. I hereby give my consent to Favarh for the taking and use of photographs of the above named individual while participating in these activities.

Signature

Date