

ALL REGISTRATIONS RECEIVED BY THE **FEB. 3RD DEADLINE** WILL BE ENTERED INTO A RAFFLE TO WIN A FAVARH SHIRT!



Favarh Recreation, Wellness & Education

FEBRUARY 2020



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<i>"In the coldest February, as in every other month in every other year, the best thing to hold on to in this world is each other."</i> <i>Linda Ellerbee</i>					1	2
3	4	5	6	7	8	9
		3:30-5:00 Acrylic Pour Painting				1:45-5:30 Hairspray Theatre Performance
10	11	12	13	14	15	16
3:30-5:00 Country Line Dancing		3:30-5:00 Zumba	6:00-8:00 Blue Fox Bowling	7:00-9:00 Valentine Dance Elmwood		
17	18	19	20	21	22	23
			3:30-5:00 Self-Advocacy Workshop w/DDS	6:30-9:30 Movie Club		
24	25	26	27	28	"Loving is not just looking at each other, it's looking in the same direction." Antoine De Saint Exupery	
3:30-5:00 Country Line Dancing		3:30-5:00 Zumba				

EVENTS

**SOCT/ Special Olympics
Farmington Valley CT/Unified**
For more information contact the
local coordinator at:
sofarmingtonvalley@gmail.com

To register and confirm in a timely manner
please sign up for activities by
RAFFLE DEADLINE FEB. 3rd
Jean Miller, Family & Recreation
Services Director
jmiller@favarh.org ~ 860-693-6662 ext.128

Not sure if an activity is still on because
of the weather? Call the
CANCELLATION HOTLINE
at 860-693-6662 ext.122
to see if the activity has been cancelled.
Sorry individual calls will not be made.



Favarh Thrift Shop

Supporting the Canton Food Bank

January 22-31

Bring a donation of non-perishable food items to the Favarh Thrift Shop and receive a coupon for

50% off

one item of your choice!



~One coupon/customer/day please~

Favarh Thrift Shop

250 Albany Turnpike, Rt.44, Canton, CT
860-693-6662 Ext. 128 for questions

ACTIVITY DETAILS

Acrylic Pour Painting ~ Back by popular demand!

Description: You'll create a beautiful piece of art by using a technique called "Acrylic Pouring"

Location: Favarh, 225 Commerce Drive, Canton (lower level) Leader: Jean

Date/Time: *Wednesday, February 5, 3:30-5:00 p.m.*

Registration Fee: \$15 Activity Fee: None Group Limit: 8

Hairspray Theater Production ~ Simsbury High School

Description: A fun show with big dance numbers, catchy music, amazing sets and lights that will captivate all ages.

Date/Time: *Sunday, Feb. 9, 1:45-5:30* Leader: TBD

Drop Off/Pick Up: Simsbury High School, 34 Farms Village Road, Simsbury

Registration Fee: \$20 Activity Fee: None Group Limit: 8

Country Line Dancing with Shellie

Description: We'll wear our cowboy hats (provided or bring your own) and learn basic country line dancing with Shellie! Hee Haw!!

Date/Time: *Monday, Feb. 10 & 24, 3:30-5:00 pm* Leader: Janei Hemmings

Drop Off/Pick Up: 225 Commerce Drive, Canton

Registration Fee: \$20 Activity Fee: None Group Limit: None

ZUMBA with Jessica (Favarh theatre dance instructor)

Description: A 45 min. beginner level ZUMBA class with the goal of having fun and getting fit!

Location: Favarh, 225 Commerce Drive, Canton (lower level)

Date/Time: *Wednesday, Feb. 12&26, 3:30-5:00 p.m.* Leader: Janei Hemmings

Registration Fee: \$20 Activity Fee: None Group Limit: None

Bowling

Description: Show off your bowling skills and have fun with your friends! **Space is limited, must be pre-registered to participate.**

Date/Time: *Thursday, Feb. 13, 6:00 -8:00 pm* Leader: TBD

Drop Off/Pick Up: Blue Fox Rock 'n Bowl, 1603 Hopmeadow St, Simsbury, CT

Registration Fee: \$11 Group Limit: 24 Volunteers needed: 2

Activity Fee: **Cost of bowling is now included in the registration fee** (free shoe rental) extra \$ for refreshments.

Valentine Dance ~ Elmwood Community Center

Description: Dress in red, pink or white and dance the night away to DJ Paulie!

Leaders: TBD

Date/Time: ***Friday, February 14~7:00-9:00***

Drop Off/Pick Up: 1106 New Britain Ave., West Hartford

Registration Fee: \$20.00 Activity Fee: None Group Limit: 10

Self-Advocacy Workshop with DDS Yana Razumnaya

Description: Yana will discuss “What is Self-Advocacy?” as well as discussing “Loving Self and Healthy Relationships.” This is an important workshop for those that want to become more independent. If we have a good attendance, there will be more workshops to follow!

Date/Time: ***Thursday, February 20, 3:30-5:00*** Leader: Jean Miller

Drop Off/Pick Up: Favarh, 225 Commerce Drive, Canton (lower level)

Registration Fee: FREE Fee: None Group Limit: None

Movie Club

Location: Simsbury Commons

Date/Time: ***Friday, Jan. 17, 6:30-9:30 pm*** Leader: TBD

Drop Off/Pick Up: Simsbury Commons Movie Theater, 530 Bushy Hill Rd., Simsbury

Registration Fee: \$15

Activity Fee: Bring \$ for refreshments Group limit: 10 *Volunteers needed: 1



Purchase a Favarh tee shirt on the form below.

Only \$8.00 each, sizes S, M, L, XL, 2XL, 3XL, 4XL

Color: Ash Gray



I have some size Medium (only size) long sleeve tees from last Fall which I am selling for \$10 each if interested.



Mail your completed Registration Form and check (payable to Favarh) to:
Recreation & Wellness Dept.
225 Commerce Drive Canton, CT 06019

Please contact Jean Miller 860-693-6662 X128, jmiller@favarh.org with questions
FEBRUARY 2020 Registration Form

Participant Information

Name:	Phone:
Seizures:	Allergies/Food Sensitivities or Guidelines:
Address:	City:
State:	Zip Code:
Emergency contact during activities, name & phone	
Email for notifications:	

Parents/Guardian if applicable

Father/Guardian Name:	Mother/Guardian Name:
Cell Phone:	Cell Phone:
E-mail:	E-mail:

VOLUNTEERS NEEDED Parents/Friends/Family Members that volunteer will receive FREE entrance to all activities!

Note: All activities are managed by one paid Leader plus volunteers.

Activity		√ if volunteering	Bring Extra Cash for:		Pay this amount
<input type="checkbox"/> Painting					\$ 15.00
<input type="checkbox"/> Hairspray					\$ 20.00
<input type="checkbox"/> Country Line	2 weeks				\$ 20.00
<input type="checkbox"/> Zumba	2 weeks				\$ 20.00
<input type="checkbox"/> Bowling					\$ 11.00
<input type="checkbox"/> Elmwood Dance					\$ 20.00
<input type="checkbox"/> Self-Advocacy					FREE
<input type="checkbox"/> Movie Club					\$15.00
<input type="checkbox"/> Tee Shirt		Quan	Size	\$8 each	
<input type="checkbox"/> Long Sleeve	Med Only	Quan	Size	\$10 each	
Registered volunteers will receive a FREE ticket to events attended.					TOTAL
Name of Volunteer attending:					

Cancellations accepted for credit only up to 1 week before event. **No credit for cancellations later than 48 hours prior to event or if tickets have already been purchased.**

I am my own guardian or, I am the parent/guardian of the above-named individual, and give my approval to participate in these Activities, including at times, transportation to and from the Activities. I know that participation in these Activities may result in injuries and/or accidents and do hereby waive, release, absolve, indemnify, and agree to hold harmless The Arc of the Farmington Valley, Inc. (dba Favarh), the employees, sponsors, volunteers, participants and persons providing transportation whether result of negligence or for any other cause. I hereby give my consent to Favarh for the taking and use of photographs of the above named individual while participating in these activities.

Signature

Date