






JUNE



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 3:30-5 Yoga with Julia	2 3:30-5 Drumming on the ball	3	4	5 3:30-5:00 Step 2 Workout	6	7
8 3:30-5 Zumba with Jessica	9 3:30-5 Country Line Dancing	10 3:30-5 Bingo	11 3:30-5 Nature Stamping	12	13	14
15	16 3:30-5 Drumming on the ball	17	18 3:30-5 Karaoke Night	19 6:00-8:00 PM Hawaiian Summer Dance	20	21
22 3:30-5 Zumba with Jessica	23	24 5:00-5:45 PM The Favarh Singers Sing-Along	25 3:30-5 Karate 3:30-5 Walk-Fit	26 3:30-5:00 Step 2 Workout	27	28
29 3:30-5 Country Line Dancing	30					<u>CLICK HERE TO REGISTER</u>

EVENTS

Hannah Bricker, Recreation Coordinator ~ 860-899-4560, hbricker@favarh.org
Special Olympics ~ sofarmingtonvalley@gmail.com



HAWAIIAN SUMMER DANCE

Friday, June 19th
6:00-8:00 PM/Cost \$15.00

Favarh Adaptive Wellness Center
325 Commerce Drive, Canton CT 06019

FEATURING THE 860BAND



PRE-REGISTRATION REQUIRED!

NO CHECKS, CASH, OR WALK-INS

Snack and Dessert provided

[Register Here](#) or online at Favarh.org by June 12th

BROUGHT TO YOU BY FAVARH RECREATION



Hannah Bricker
Recreation
Coordinator
hbricker@favarh.org
(860)-899-4560



You're Invited

The Favarrh Singers'

SUMMER SING-ALONG

Wednesday, June 24th from 5:00-5:45 PM

Favarrh Cafe, 150 Commerce Drive

Refreshments to follow

Song List:

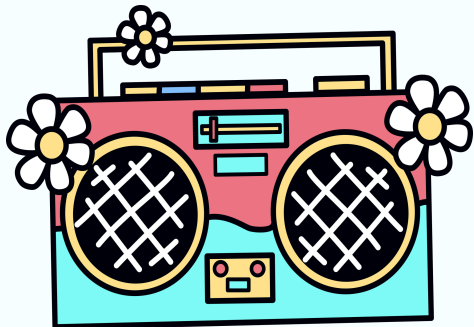
You've Got a Friend in Me

Kokomo

Over the Rainbow

You've Got a Friend

Ain't No Mountain High Enough



Free event! No registration required!

Directed by
Michelle Fenton
Begley

June 2026 Event Guide

YOGA with Julia

Description: 1 hour Yoga class with time to relax! Bring water, snack provided.

Date/Time: Monday, 6/1 ~ 3:30-5:00 p.m.

Drop Off/Pick Up: Favarh Adaptive Wellness Center, 325 Commerce Drive ~ Registration Fee: \$10 ~ Group Limit: 20

Drumming on the Ball with Mary

We will use large fitness balls and drumsticks to play to the beat of our favorite songs! Expect some dance moves as well! Bring water, snack provided.

Date/Time:

Tuesday, 6/2 & 6/16 3:30-5:00 pm

Drop Off/Pick Up: Favarh Adaptive Wellness Center, 325 Commerce Drive ~ Registration Fee: \$10 EACH CLASS ~ Group Limit: 15

Step 2 Workout

Take our normal Workout Club to the Next Level- Lead by Jessica Stewart, we will explore new exercises safely!

Please bring: Water bottle, sneakers, and workout clothing.

Date/Time: Friday, 6/5 & 6/26- 3:30-5:00 PM.

Drop off/Pick up: The Adaptive Wellness Center, 325 Commerce Drive. Registration Fee: \$10/ class ~ Group Limit: 10

ZUMBA with Jessica

Description: Always a blast, Jessica will do a 45 min. beginner level ZUMBA class for fun and fitness! Bring water, snack provided.

Date/Time: Monday, 6/8 & 6/22 ~ 3:30-5:00 p.m.

Drop Off/Pick Up: Favarh Adaptive Wellness Center, 325 Commerce Drive ~ Registration Fee: \$10 EACH CLASS ~ Group Limit: 30

Country Line Dancing with Kate

A 45-minute beginner level Country Line Dance instruction. So much fun! Bring water, snack provided.

Date/Time: Tuesday 6/9 and Monday 6/29~ 3:30-5:00 p.m.

Drop Off/Pick Up: Favarh Adaptive Wellness Center, 325 Commerce Drive ~ Registration Fee: \$10 ~ Group Limit: 30



BINGO

Description: What's more fun than an afternoon of BINGO. Everyone wins! Snack provided!!

Date/Time: Wednesday, 6/10 ~ 3:30-5:00 p.m.

Drop Off/Pick Up: Favarh Cafe, 150 Commerce Drive ~ Registration Fee: \$7 ~ Group Limit: 20

June 2026 Event Guide

Nature Stamping Craft

We will go for a walk to collect leaves, flowers, and sticks to print onto our canvas.

Date/Time: Thursday, 6/11, 3:30-5:00PM.

Drop off/Pick up: Lower Lever at 225 Commerce Drive

Registration Fee: \$10 EACH ~ Group Limit: 10



Karaoke Night

Whether you're a shower singer or a stage slayer, this night's for YOU.

Pop, rock, hip hop, country—whatever your jam, bring it to the stage. 🎵

Date/Time: Thursday, 6/18 ~ 3:30-5:00 p.m.

Drop Off/Pick Up: Favarh Cafe, 150 Commerce Drive ~

Registration Fee: \$10 ~ Group Limit: 15

Karate with Coach Dan

A 45 minute Introduction to Karate class with Dan, Co-owner of Level Up Karate. Bring water, snack provided.

Date/Time: Thursday, 6/25 ~ 3:30-5:00 p.m.

Drop Off/Pick Up: Favarh Café, 150 Commerce Dr., Canton (across the street from the main office.)

~ Registration Fee: \$10 ~ Group Limit: 12

Walk Fit

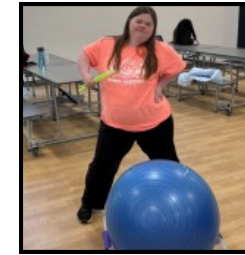
Let's take a walk on the trail together! Snack and water provided.

Date/Time: Thursday 6/25- 3:30-5:00PM.

Drop off/Pick up: Favarh Café, 150 Commerce Dr., Canton (across the street from the main office.)

Registration Fee: \$7 EACH ~ Group Limit: 10

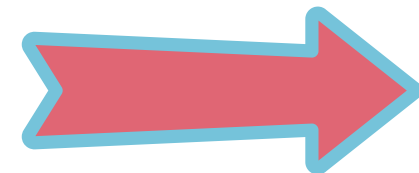
May Highlights



Check
it
Out

**SUMMER IS HERE AND IT IS
TIME TO GET OUTSIDE!**

**DON'T MISS THE EXCITING
EVENTS HAPPENING THIS JUNE**



June 2026 ON THE TOWN

THESE EVENTS ARE NOT SUPERVISED BY FAVARH RECREATION

Click on an image for additional information

The Goshen Stampede

June 12th, 13th, and 14th



GET DOWN, DIRTY, & COUNTRY at CONNECTICUT'S FAVORITE EVENT! 2 HUGE Rodeos, Demolition Derby, Truck Pulls, Monster Trucks, Quad Racing, and a 3-Day Music Festival featuring Tyler Farr!



Garden Walks- Morris, CT

Sunday, June 13th at 10:00 AM



Roses & Friends garden is at its riotous peak and this Garden Walk, lead by White Flower Farm's head gardener Cheryl Karpeichik and owner Eliot Wadsworth, focuses on Roses and the companion plantings we enjoy experimenting with every season.

The Bloomfield Carnival

June 18th-21st



Join in for a weekend full of games, rides, food, and fireworks!

Manchester Food Truck Festival

June 19th-21st



Come eat from over 25 of the states top food trucks while shopping from craft vendors and dont forget to bring the kiddos since we will have bouncy houses as well!

FREE ADMISSION

FOOD TRUCKS • VENDORS • ENTERTAINMENT

June 19th : 4pm - 8pm
June 20th : 11am - 8pm
June 21st : 11pm - 7pm



June 2026 ON THE TOWN

THESE EVENTS ARE NOT SUPERVISED BY FAVARH RECREATION

Click on an image for additional information

Puddlefest, New Hartford

June 20th



FREE ADMISSION & FAMILY FRIENDLY!!!

- 2 Stages of Live Local Music
- Pro Nerf & Beyblade X Tournaments
- Vendor Market
- Outdoor Yoga Sessions
- Dog Adoptions
- Food Trucks
- AND MORE!!!

Burlingtonia Music Festival

June 27th



Music Festival with local vendors and bands from Burlington. Facilitated by Jake Kordas and JKO Entertainment
[Rain date: 6/28]