



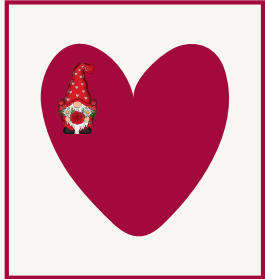
FEBRUARY

Registration Opens
on 1/22 at 12PM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2 3:30-5 Country Line Dancing	3 3:30-5 Drumming on the Ball	4	5 3:30-5 Textured Paint Craft	6	7	8
9 3:30-5 Zumba	10 3:30-4:45 Workout Club	11 3:30-5:10 Movie Club A Cinderella Story	12	13 6:00-8:00 Sweet Hearts Dance	14	15
16 3:30-5 Yoga	17 3:30-5 Country Line Dancing	18	19 3:30-5 Karate with Coach Dan March Registration opens at 12pm	20	21	22
23 3:30-5 Zumba	24 3:30-5 Drumming on the Ball	FULL 25 3:30-5 The Favarrh Singers Program	26 3:30-5 Peer Led Activity	27	28	<u>CLICK HERE TO REGISTER</u>

EVENTS

Hannah Bricker, Recreation Manager ~ 860-899-4560, hbricker@favarrh.org
Special Olympics ~ sofarmingtonvalley@gmail.com



*You're Invited to the
Sweet Hearts*
VALENTINE'S DANCE

*Friday, February 13th
6:00-8:00 PM*

**Favarh Adaptive Wellness Center
325 Commerce Drive, Canton CT 06019**

[Register Here](#) or online at Favarh.org by Feb. 6th

PRE-REGISTRATION REQUIRED!

NO CHECKS, CASH, OR WALK-INS

Snack and Dessert provided




The Arc.
Favarh

BROUGHT TO YOU BY FAVARH RECREATION

Hannah Bricker
Recreation Manager
hbricker@favarh.org
(860)-899-4560

FEBRUARY 2026 EVENT GUIDE

Country Line Dancing with Kate

A 45-minute beginner level Country Line Dance instruction. So much fun! Bring water, snack provided.

Date/Time: Monday 2/2 & Tuesday 2/17 ~ 3:30-5:00 p.m.

Drop Off/Pick Up: Favarh Adaptive Wellness Center, 325 Commerce Drive ~ Registration Fee: \$10 ~ Group Limit: 20

Drumming on the Ball with Mary

We will use large fitness balls and drumsticks to play to the beat of our favorite songs! Expect some dance moves as well! Bring water, snack provided.

Date/Time: Tuesday, 2/3 and 2/24 ~ 3:30-5:00 p.m. Drop Off/Pick Up: Favarh Adaptive Wellness Center, 325 Commerce Drive ~ Registration Fee: \$10 EACH CLASS ~ Group Limit: 15

Textured Paint Craft

Explore textured painting by using joint compound on canvas to create bold, raised designs.

Date/Time: Thursday, 2/5, 3:30-5:00PM.
Drop off/Pick up: Lower Lever at 225 Commerce Drive
Registration Fee: \$10 EACH ~ Group Limit: 10



ZUMBA with Jessica

Description: Always a blast, Jessica will do a 45 min. beginner level ZUMBA class for fun and fitness! Bring water, snack provided.

Date/Time: Monday, 2/9 and 2/23 ~ 3:30-5:00 p.m.

Drop Off/Pick Up: Favarh Adaptive Wellness Center, 325 Commerce Drive ~ Registration Fee: \$10 EACH CLASS ~ Group Limit: 30

Workout Club

1-Hour Full Body Workout | Endurance • Cardio • Strength | A structured, full-body workout designed to improve overall fitness. The session combines strength training, cardio work, and endurance-focused movements.

Please bring: Water bottle, sneakers, and workout clothing.

Date/Time: Tuesday, 2/10- 3:30-4:45 PM.

Drop off/Pick up: The Adaptive Wellness Center, 325 Commerce Drive. Registration Fee: \$7/ class ~ Group Limit: 10



FEBRUARY 2026 EVENT GUIDE

Movie Club- A Cinderella Story 2004

Let's get together and watch A Cinderella Story! Snack provided.

Synopsis: Samantha "Sam" Montgomery lives with her cruel stepmother and stepsisters, who force her to work at her late father's diner while she dreams of attending Princeton. She forms an online bond with "Nomad," unaware he is actually Austin Ames, the popular quarterback at her school. They meet at the Halloween dance, where Sam attends in disguise, shares a magical moment with Austin, and flees at midnight, leaving behind her cell phone.

Movie Length: 1 Hour and 35 Minutes

Date/Time: Wednesday, February 11th ~ 3:30-5:10 p.m. Drop Off/Pick Up: Favarh Café, 150 Commerce Dr., Canton (across the street from the main office.)

Registration Fee: \$7 ~ Group Limit: 20



YOGA with Julia

Description: 1 hour Yoga class with time to relax! Bring water, snack provided.

Date/Time: Monday, 1/16 ~ 3:30-5:00 p.m.

Drop Off/Pick Up: Favarh Adaptive Wellness Center, 325 Commerce Drive ~ Registration Fee: \$10 ~ Group Limit: 20

Karate with Coach Dan

A 45 minute Introduction to Karate class with Dan, Co-owner of Level Up Karate. Bring water, snack provided.

Date/Time: Thursday, 2/19 ~ 3:30-5:00 p.m.

Drop Off/Pick Up: Favarh Café, 150 Commerce Dr., Canton (across the street from the main office.) ~ Registration Fee:

\$10 ~ Group Limit: 10



Peer Led Activity

Description: The Advocacy group has been hard at work deciding on what activity to run. The chosen activity will be announced on January 23rd!

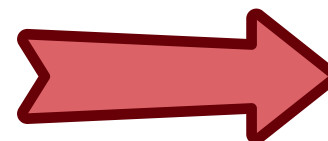
Date/Time: Thursday, 2/26 ~ 3:30-5:00 p.m.

Drop Off/Pick Up: Favarh Café, 150 Commerce Dr., Canton (across the street from the main office.) ~ Registration Fee:

\$FREE ~ Group Limit: TBD

Check
it
Out

**DON'T MISS THE EXCITING
EVENTS HAPPENING THIS
FEBRUARY!!!**



ON THE TOWN

THESE EVENTS ARE NOT SUPERVISED BY FAVARH RECREATION



Friday, February 6th from 6:00-9:00 pm
Aqua Turf Club
\$20.00 per person



[CLICK HERE](#)

Dinner, Sparkle
Station, DJ,
Photobooth, Glow
Station, and More...
all included with your
registration!

Pre-registration
required by Feb. 1st

Unified Art at Ethel Walker, Simsbury, CT



Sundays- 1:00-2:00 PM
1/25, 2/15, 2/22, 3/29, 4/12, 4/26

Questions?
Contact Clarissa at
(860)680-8389

Free-- Registration Required

[CLICK HERE](#)



A PIZZA PARTY FOR A CAUSE
FAVARH PLAYERS
PRESENT



Tuesday, February 10th
at 5PM

Come out for pizza, 50/50
raffle, and conversation in
support of the Favarh Players
and this years show!

*Favarh Players receive a portion of
each pizza sold from 5-9PM, including
pick-up.*