



Favarh
Recreation,
Wellness &
Education

DECEMBER

Registration
Opens on 11/20 at
12pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 3:30-5 Yoga	2 3:30-5 Drumming on the Ball	3	4 3:30-5 Holiday <u>Craft</u> Fair	5	6	7
8 3:30-4:45 Workout Club	9 3:30-5 Country Line Dancing	10 3:30-5:05 Movie Club	11	12 3:30-4:45 Workout Club	13	14 HAPPY HANUKKAH
15 3:30-5 Zumba	16 3:30-5 Drumming on the Ball	17 3:30-5 Favarh Singers	18 January Registration opens at 12pm	19	20	21
22 3:30-5 Baton Twirling	23	24 CHRISTMAS EVE	25 * MERRY * CHRISTMAS	26	27	28
29 3:30-5 Country Line Dancing	30	31 NEW Year's EVE	1 JANUARY 1			CLICK TO REGISTER

EVENTS

Contact~ Jean Miller, Recreation Director ~ 860-352-8749, jmiller@favarh.org
Hannah Bricker, Recreation Manager ~ 860-899-4560, hbricker@favarh.org
Special Olympics ~ sofarmingtonvalley@gmail.com

HOLIDAY CRAFT FAIR

BROUGHT TO YOU BY THE JUNIOR LEAGUE OF HARTFORD & FAVARH RECREATION

Join us for our first Holiday Craft Extravaganza! The Junior League of Hartford and Favarh Recreation have teamed up to bring you a festive afternoon filled with hands-on creativity and holiday fun. From 3:30–5:00, enjoy a variety of craft stations, lively games, tasty snacks, warm hot chocolate, and plenty of cheerful seasonal spirit. It's the perfect way to kick off the holidays!

Date/Time: Thursday 12/4 ~ 3:30-5:00 p.m.

Drop Off/Pick Up: Favarh Adaptive Wellness Center, 325 Commerce Drive ~

Registration Fee: \$5/ per person ~ **Group Limit:** 40



The Junior League of Hartford is an organization of women whose mission is to advance women's leadership for meaningful community impact through volunteer action, collaboration, and training.



DECEMBER 2025 EVENT GUIDE

YOGA with Julia

Description: 1 hour Yoga class with time to relax! Bring water, snack provided.

Date/Time: Monday, 12/1 ~ 3:30–5:00 p.m.

Drop Off/Pick Up: Favarh Adaptive Wellness Center, 325 Commerce Drive ~ Registration Fee: \$10 ~ Group Limit: 20

DRUMMING on the Ball with Mary

We will use large fitness balls and drumsticks to play to the beat of our favorite songs! Expect some dance moves as well! Bring water, snack provided.

Date/Time: Tuesday, 12/2 and 12/16 ~ 3:30–5:00 p.m.

Drop Off/Pick Up: Favarh Adaptive Wellness Center, 325 Commerce Drive ~ Registration Fee: \$10 EACH CLASS ~ Group Limit: 15

Workout Club

1-Hour Full Body Workout

| Endurance • Cardio • Strength |

A structured, full-body workout designed to improve overall fitness. The session combines strength training, cardio work, and endurance-focused movements.

Please bring: Water bottle, sneakers, and workout clothing.

Date/Time: Monday 12/8, and Friday 12/12– 3:30–4:45 PM.

Drop off/Pick up: The Adaptive Wellness Center, 325 Commerce Drive.

Registration Fee: \$7/ class

Group Limit: 10

Country Line Dancing with Kate

A 45-minute beginner level Country Line Dance instruction. So much fun! Bring water, snack provided.

Date/Time: Tuesday, 12/9 and Monday 12/29~ 3:30–5:00 p.m. Drop Off/Pick Up: Favarh Adaptive Wellness Center, 325 Commerce Drive ~ Registration Fee: \$10 ~ Group Limit: 20

Movie Club- The Santa Clause

Let's get together and watch The Santa Clause! Snack provided.

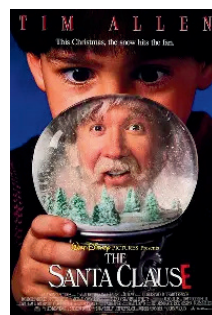
Synopsis: After accidentally causing Santa to fall off his roof, Scott Calvin puts on the suit and becomes the new Santa Claus. As he transforms, his son believes him—but no one else does. Now Scott must embrace his new role while proving Santa is real.

Movie Length: 1 Hour and 33 Minutes

Date/Time: Wednesday, December 10th ~ 3:30–5:05 p.m.

Drop Off/Pick Up: Favarh Café, 150 Commerce Dr., Canton (across the street from the main office.)

Registration Fee: \$7 ~ Group Limit: 20



DECEMBER 2025 EVENT GUIDE

The Favarh Singers (Previously Singing with Shello)

Love to sing? This singalong is for you! Whether you have a gorgeous voice, rock out to the radio, sing in the shower or can barely hold a tune in a bucket, singing is a great way to feel good, have fun and be together! We'll explore a variety of styles of music so there is something for everyone.

Date/Time: Wednesday, 12/17 ~ 3:30-5:00 p.m.

**Drop Off/Pick Up: Favarh Adaptive Wellness Center,
325 Commerce Drive ~ Registration Fee: \$10 ~ Group
Limit: 15**

BATON TWIRLING FOR FITNESS & FUN

An exciting activity brought to us by a family member, Jaymie Bianca. Jaymie has been baton twirling for the past 22 years, and teaching for 10. Participants will learn various different one baton tricks, as well as how to twirl a ribbon.

Jaymie also incorporates adaptive dance moves and breathing techniques to create a class that is inclusive, fun, and focuses on overall lifestyle and wellness. Bring water, snack provided.

**Date/Time: Monday, 12/22~ 3:30-5:00 p.m. Drop Off/Pick Up:
Favarh Adaptive Wellness Center, 325 Commerce Drive ~
Registration Fee: \$10 EACH CLASS ~ Group Limit: 12**



YOU'RE INVITED **THE FAVARH SINGERS** **SING-ALONG**

December 17th, 2025

5:00pm

at The Adaptive Wellness Center

325 Commerce Drive

Refreshments to follow

Check
it
Out

**DON'T MISS THE EXCITING
EVENTS AND RECREATION
UPDATES THIS DECEMBER!!!**



2025 HIGHLIGHTS



COMING SOON JANUARY 2026

NEW YEARS PARTY

We're switching things up this season
with our very first New Years Party!
Dress to impress as we ring in 2026 together.

Mark your calendars, our New Year's Party will be
Friday, January 9th from 6pm-8pm!



NEW PROGRAMS COMING IN 2026

What is a program?
Programs are an activity that has several
scheduled sessions that you only register
for once.

For example:

Workout Club

Fridays from 1/9-2/6

3:30pm-4:45pm

325 Commerce Drive




\$40 Whole Program/ \$10 per class

ON THE TOWN

THESE EVENTS ARE NOT SUPERVISED BY FAVARH RECREATION




St.Mary's Parish- Brunch with Santa



 Saturday, December 6th. 11am-1pm
 946 Hopmeadow St, Simsbury CT
 Free- RSVP required (860) 651-7220
 BY DEC. 1st

The Warner Theatre






 Sunday, December 7th at 2pm
 Warner Theatre, Torrington CT
 \$5/ Per ticket

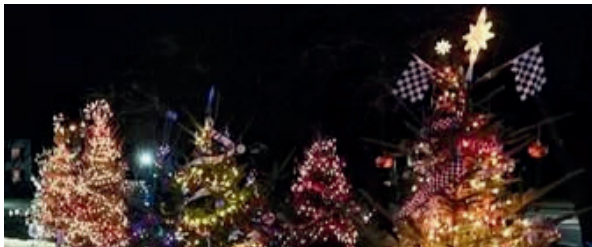
Downtown New Britain






LIVE holiday entertainment and themed refreshments to count down as a crowd for our 40 foot holiday tree to be lit for the season! Live music, ice carving, and stilt walking elves will be on site while we wait for Santa & Mrs. Claus to arrive via NBFD fire truck.

 Tuesday, December 2nd at 5pm
 222 Main St, New Britain CT
 Free

Winter Forest & Craft Fair



 Saturday, December 13th. 4pm-7pm
 222 College Highway, Southwick MA
 Free

Gator Parade- Winsted Fire Dept.



 Saturday, December 20th at 5pm
 27 Elm St, Winsted CT
 Free- Click photo for additional info



Click for
upcoming
events

