



Spotlight on Staff

BECKY SHOPEY

IT'S A FAMILY AFFAIR

Becky Shoppey joined Favarrh as a job coach in 2007. The reason? "I wanted to help people; make a difference in someone's life, even if it's just for that one day."

She's confident that she has achieved that mission. "On a daily basis I get told by our participants, 'I like you, Becky. You're the best job coach,' to which I say, "Really?"

The job coach at Davidson Specialty Foods in Newington, Becky said she first got interested in specifically helping people with intellectual and developmental disabilities while joining her sister-in-law, who at the time worked for the Litchfield Arc (LARC), on outings with some of the people that agency served.

She began working at Favarrh as the job coach at AutoFast, one of our jobsites at the time. It was also during her daughter, Ashley's senior year in high school. Three months after Ashley graduated Becky asked, "What are you going to do ... got a job yet? Why don't put your application into Favarrh and see how you like it."

Ashley, who has since gotten married (and is expecting her first child), liked it. She is now Ashley Dafgek and began working in our Day Services Program, in 2008. She now serves as a program manager in the Favarrh Board of Education (BOE)/Transition Services program.

Davidson has been Becky's longest job-coaching assignment — six years, but her favorite was at New Britain Stadium when the then-New Britain Rock Cats played minor league professional baseball there. The crew was assigned to work there during and after games, cleaning the stands.

"It was a lot of fun," said Becky. "The guys enjoyed going to work because they got to watch the games and then clean the stadium."

A native of Torrington, Becky currently lives in Winsted with her husband, Bob, and her youngest son, Billy.

Both her sons are members of the Connecticut National Guard. During the day her oldest son, Bobby, is a full-time Torrington firefighter, while Billy works at Winsted Precision Ball.

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