

APRIL

**Registration Opens
on 3/26 at 12PM**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2 3:30-5 Movie Club <u>The Little Mermaid</u>	3 3:30-5 Step 2 Workout	4	5
6 3:30-5 Yoga	7 3:30-5 Country Line Dancing	8 3:30-5 Walk Fit	9 3:30-5 DIY Seed Paper	10 3:30-5 Cookie Decorating	11	12
13 3:30-5 Zumba	14 3:30-5 Drumming on the Ball	15	16 3:30-5 Karate with Coach Dan	17 3:30-5 Step 2 Workout	18	19
20 3:30-5 Ignite your Story FITNESS CLASS	21	22 3:30-5 The Favarh Singers	23 May Registration opens at 12pm	24 25  The Favarh Players Present The Little Mermaid Jr.		26 Click Here for tickets
27 3:30-5 Country Line Dancing	28 3:30-5 Drumming on the Ball	29	30 3:30-5 Karaoke Night			CLICK HERE TO REGISTER

EVENTS

Hannah Bricker, Recreation Coordinator ~ 860-899-4560, hbricker@favarh.org
Special Olympics ~ sofarmingtonvalley@gmail.com

APRIL 2026 EVENT GUIDE

Movie Club- The Little Mermaid

The story of Ariel, a curious young mermaid who dreams of living in the human world. She falls in love with a human prince, Eric, and makes a dangerous deal with the sea witch Ursula to become human. Ultimately, Ariel must find her voice and courage to defeat Ursula and win her place in both worlds.

Movie Length: 1 Hour and 23 minutes

Date/Time: Thursday, April 2nd ~ 3:30-5:15 p.m. Drop Off/Pick Up: Favarh Café, 150 Commerce Dr., Canton (across the street from the main office.)

Registration Fee: \$7 ~ Group Limit: 20

Step 2: Workout Club

Take our normal Workout Club to the Next Level- Lead by Jessica Stewart, we will explore new exercises safely!
Please bring: Water bottle, sneakers, and workout clothing.

Date/Time: Friday, 4/3 and 4/17- 3:30-5:00 PM.

Drop off/Pick up: The Adaptive Wellness Center, 325 Commerce Drive. Registration Fee: \$10/ class ~ Group

Limit: 10

YOGA with Julia

Description: 1 hour Yoga class with time to relax! Bring water, snack provided.

Date/Time: Monday, 4/6 ~ 3:30-5:00 p.m.

Drop Off/Pick Up: Favarh Adaptive Wellness Center, 325 Commerce Drive ~ Registration Fee: \$10 ~ Group Limit: 20

Country Line Dancing with Kate

A 45-minute beginner level Country Line Dance instruction. So much fun! Bring water, snack provided.

Date/Time: Tuesday 4/7 & Monday 27~ 3:30-5:00 p.m.

Drop Off/Pick Up: Favarh Adaptive Wellness Center, 325 Commerce Drive ~ Registration Fee: \$10 ~ Group

Limit: 25



Walk Fit

Let's take a walk on the trail together! Snack and water provided.

Date/Time: Wednesday, 4/8- 3:30-5:00PM.

Drop off/Pick up: Lower Lever at 225 Commerce Drive

Registration Fee: \$7 EACH ~ Group Limit: 10

DIY Seed Paper



In honor of Earth Day, we will be using recycled paper to create seed paper for you to gift or plant.

******We will be using a food processor******



Date/Time: Thursday, 4/9, 3:30-5:00PM.

Drop off/Pick up: Lower Lever at 225 Commerce Drive

Registration Fee: \$10 EACH ~ Group Limit: 10

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Cookie Decorating

Cookie decorating with Khay! We'll make our own icing and decorate sugar cookies. *There are no dietary substitutions for this activity.*

Date/Time: Friday, 4/10 ~ 3:30-5:00 p.m.

Drop Off/Pick Up: Lower Level at 225 Commerce Drive ~
Registration Fee: \$12 ~ **Group Limit:** 8

ZUMBA with Jessica

Description: Always a blast, Jessica will do a 45 min. beginner level ZUMBA class for fun and fitness! Bring water, snack provided.

Date/Time: Monday, 4/13 ~ 3:30-5:00 p.m.

Drop Off/Pick Up: Favarrh Adaptive Wellness Center, 325
Commerce Drive ~ **Registration Fee:** \$10 EACH CLASS ~
Group Limit: 30

Drumming on the Ball with Mary

We will use large fitness balls and drumsticks to play to the beat of our favorite songs! Expect some dance moves as well! Bring water, snack provided.

Date/Time: Tuesday, 4/14 and 4/28 ~ 3:30-5:00 p.m. **Drop Off/Pick Up:** Favarrh Adaptive Wellness Center, 325
Commerce Drive ~ **Registration Fee:** \$10 EACH CLASS ~
Group Limit: 15

Karate with Coach Dan

A 45 minute Introduction to Karate class with Dan, Co-owner of Level Up Karate. Bring water, snack provided.

Date/Time: Thursday, 4/16 ~ 3:30-5:00 p.m.

Drop Off/Pick Up: Favarrh Adaptive Wellness Center, 325
Commerce Drive ~ **Registration Fee:** \$10 ~ **Group Limit:**
12

IGNITE your story- Fitness Class

Description: An inclusive class that combines strength training with an adventure story. Participants work as a team to choose their own adventure, and roll dice to seal their fate.

Date/Time: Monday, 4/20 ~ 3:30-5:00 p.m.

Drop Off/Pick Up: Favarrh Adaptive Wellness Center, 325
Commerce Drive ~ **Registration Fee:** \$10 EACH CLASS ~
Group Limit: 10

Karaoke Night

Whether you're a shower singer or a stage slayer, this night's for YOU.
Pop, rock, hip hop, country—whatever your jam, bring it to the stage. 🎵

Date/Time: Thursday, 4/30 ~ 3:30-5:00 p.m.

Drop Off/Pick Up: Favarrh Cafe, 150 Commerce Drive ~
Registration Fee: \$10 ~ **Group Limit:** 15

ON THE TOWN

THESE EVENTS ARE NOT SUPERVISED BY FAVARH RECREATION

The Favarh Players
Present
The Little Mermaid JR.
April 24th at 7:00 pm
April 25th at 7:00 pm
April 26th at 1:00 pm
JOIN US UNDER THE SEA!
Click Here for Tickets



Northwest Catholic High School, 29 Wampanoag Drive, West Hartford, CT 06117
Friday, April 24, 7PM | Saturday, April 25, 7PM | Sunday, April 26, 1PM
Tickets: \$10 General Admission | Purchase online at favarh.org/tickets.



Thursday, April 23rd at 7:00 PM
Peoples Bank Arena, Hartford CT
Tickets starting at \$15/each
More dates available

Berlin High School
DRIVE IN MOVIE NIGHT
Sponsored by: Berlin Youth Services Advisory Board



6:00 PM **8:30 PM**
Saturday, 4/11---Rain date: 4/18

History of Chocolate- Chocolate making demo



Embark on a delicious journey back to the 18th century and witness the captivating art of chocolate-making! Join us and Robert Lecce for an engaging demonstration where we'll unveil the traditional methods used to transform the humble cacao bean into a rich, indulgent treat. Using authentic tools and techniques of the era, you'll see the entire process unfold- from roasting and grinding the beans to the meticulous refinement of this treasured delicacy. With samples to try and goods to buy, you can experience firsthand how chocolate once delighted the palates of our ancestors.

March 30th at 6 PM
281 Country Club Rd, Avon CT
Free- Click here to register!