



Favarh
Recreation,
Wellness &
Education

SEPTEMBER

****Registration OPENS
Thursday, 8/28 at 12PM****

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 ★ LABOR DAY ★ ★★★★	2	3	4	5 3:30- 4:45 Workout Club	6	7
8 3:30- 5 Zumba	9 3:30- 4:45 Workout Club	10	11 3:30- 5 Let's make sunflowers	12 3:30- 4:45 Workout Club	13	14
15 3:30- 5 Yoga	16 3:30- 5 Drumming on the Ball	17 3:30- 5 Volleyball Clinic	18 3:30- 5:45 Watch Party Live action How to Train your Dragon	19	20	21
22 3:30- 5 Zumba	23 3:30- 4:45 Workout Club	New Name 24 3:30- 5 The Favarh Singers	25 Registration opens at 12:00 for Oct.	26	27	28
New! 29 3:30- 5 Theatre Games	30 3:30- 5 Drumming on the Ball					<u>CLICK TO SIGN UP</u>

EVENTS

Contact~ Jean Miller, Recreation Director ~ 860-352-8749, jmiller@favarh.org
Hannah Bricker, Recreation Manager ~ 860-899-4560, hbricker@favarh.org
Special Olympics ~ sofarmingtonvalley@gmail.com

SEPTEMBER 2025 EVENT GUIDE

Workout Club

1-Hour Full Body Workout

| Endurance • Cardio • Strength |

A structured, full-body workout designed to improve overall fitness. The session combines strength training, cardio work, and endurance-focused movements.

Please bring: Water bottle, sneakers, and workout clothing.

Date/Time: Friday, September 5th, 12th, and Tuesday, September 9th & 23rd, 3:30–4:45 PM.

Drop off/Pick up: The Adaptive Wellness Center, 325 Commerce Drive.

Registration Fee: \$7/ class

Group Limit: 12

ZUMBA with Jessica

Description: Always a blast, Jessica will do a 45 min. beginner level ZUMBA class for fun and fitness! Bring water, snack provided.

Date/Time: Monday, September 8th & 22nd ~ 3:30–5:00 p.m.

Drop Off/Pick Up: Favarrh Adaptive Wellness Center, 325 Commerce Drive ~ Registration Fee: \$10 EACH CLASS ~ Group Limit: 30

Sunflower Craft

We'll be painting beautiful sunflowers and adding a special touch using real sunflower seeds to bring our blooms to life.

Date/Time: Thursday, September 11th, 3:30–5:00PM.

**Drop off/Pick up: Lower Lever at 225 Commerce Drive
Registration Fee: \$10 EACH ~ Group Limit: 10**



DRUMMING on the Ball with Mary

We will use large fitness balls and drumsticks to play to the beat of our favorite songs! Expect some dance moves as well! Bring water, snack provided.

Date/Time: Tuesday, September 16th & 30th ~ 3:30–5:00 p.m. Drop Off/Pick Up: Favarrh Adaptive Wellness Center, 325 Commerce Drive ~ Registration Fee: \$10 EACH CLASS ~ Group Limit: 15

YOGA with Julia

Description: 1 hour Yoga class with time to relax! Bring water, snack provided.

Date/Time: Monday, September 15th ~ 3:30–5:00 p.m. Drop Off/Pick Up: Favarrh Adaptive Wellness Center, 325 Commerce Drive ~ Registration Fee: \$10 ~ Group Limit: 20

Volleyball Clinic

Learn the basics, sharpen your skills, and have a blast on the court! All levels welcome!

Date/Time: Wednesday, September 17th, 3:30–5:00 p.m. Drop Off/Pick Up: Favarrh Adaptive Wellness Center, 325 Commerce Drive ~ Registration Fee: \$10 EACH CLASS ~ Group Limit: 10

SEPTEMBER 2025 EVENT GUIDE

New!

Watch Party- Live Action How to Train your Dragon

Let's get together and watch the newly released How to Train your Dragon! Dinner (pizza & salad) and popcorn will be provided.

Synopsis: As an ancient threat endangers both Vikings and dragons alike on the isle of Berk, the friendship between Hiccup, an inventive Viking, and Toothless, a Night Fury dragon, becomes the key to both species forging a new future together.

Movie Length: 2 Hours and 5 minutes

Date/Time: Thursday, September 18th ~ 3:30-5:45 p.m.

Drop Off/Pick Up: Favarh Café, 150 Commerce Dr., Canton
(across the street from the main office.)

Registration Fee: \$10 ~ **Group Limit:** 20



New!

Theatre Games

This fun-filled session will include a variety of theatre-based activities such as improvisation games, creative storytelling, character play, and group movement exercises. No theatre experience is necessary—just come ready to play and have fun.

Date/Time: Monday, September 29th ~ 3:30-5:00 p.m.

Drop Off/Pick Up: Favarh Café, 150 Commerce Dr.,
Canton (across the street from the main office.)

Registration Fee: \$10 ~ **Group Limit:** 12

The Favarh Singers (Previously Singing with Shello)

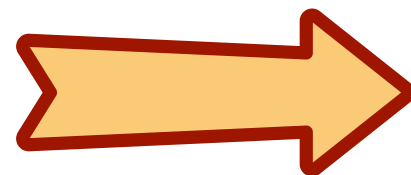
Love to sing? This singalong is for you! Whether you have a gorgeous voice, rock out to the radio, sing in the shower or can barely hold a tune in a bucket, singing is a great way to feel good, have fun and be together! Learn about your voice, how to warm up and stretch, and then bring your outside voice INSIDE. We'll explore a variety of styles of music so there is something for everyone.

Date/Time: Wednesday, September 24th ~ 3:30-5:00 p.m.

Drop Off/Pick Up: Favarh Adaptive Wellness Center,
325 Commerce Drive ~ **Registration Fee:** \$10 ~ **Group Limit:** 15

*Check
it
Out*

**DON'T MISS THE EXCITING
EVENTS HAPPENING THIS
SEPTEMBER!**






SEPTEMBER 2025 ON THE TOWN

THESE EVENTS ARE NOT SUPERVISED BY FAVARH RECREATION

Lyman Orchards






Click the linked image to see the whole days itinerary!

-  Sunday, Sept. 1st 10-4pm
-  32 Reeds Gap Road, Middlefield CT
-  Prices vary: \$5-\$11/ activity

Bethlehem Fair






Experience the true spirit of country life with our oxen, cattle, sheep, and engaging entertainment at Bethlehem Fair, the heart of rural fun. Delight in festival foods, thrilling rides, and competitions.

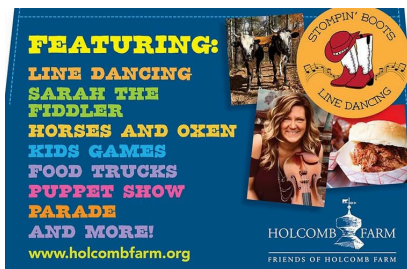
-  Sept. 5th, 6th, 7th times vary
-  384 Main St N, Bethlehem, CT
-  \$10 at the gate only




New Hartford Chalk Walk



-  Saturday, Sept. 6th at 12PM
-  New Hartford Center
-  Free to attend, food for purchase

Holcomb Hoedown at Holcomb Farm






-  Sunday, Sept. 7th from 2-6PM
-  113 Simsbury Rd West Granby, CT
-  Free to attend, food for purchase

Low Key Trio- a live jazz experience






Join us for a unique jazz experience, as this touring ensemble from NYC makes its way across CT for a free show for all ages

-  Wednesday, Sept. 10th, 6pm-9pm
-  Talcott Mountain Collective, Weatogue CT
-  Free to attend, food for purchase



Outdoor Movie- Moana 2

Bring your family, blankets, snacks, bug spray, and lawn chairs for a fun evening under the stars! Enjoy this free outdoor movie screening, perfect for all ages. Relax, unwind, and make memories with your community at this family-friendly event. Movie begins at dusk (probably around 7pm).




-  Saturday, Sept. 12th, around 7pm
-  635 W Avon Rd, Avon CT
-  Free Event

SEPTEMBER 2025 ON THE TOWN

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Enjoy a curated selection of the region's top food truck

 Saturday, Sept. 13th, 4-8pm
 800 Bloomfield Ave, Bloomfield CT
 Free to attend, food for purchase




The Big E – Connecticut Day!
 The Big E runs from Sept. 12-28th



 Tuesday, Sept. 17th
 1305 Memorial Ave. West Springfield, MA
 \$17 if purchased before sept.10/ \$20 after

Hocus Pocus Live- New Parody Musical






 Sept. 20th at 7 pm & 21st at 2pm
 The Warner Theatre, Torrington CT
 \$50-\$61 based on seat selection

New Britain, CT






Join us on the Beehive Bridge for a family fun afternoon of circus shows, face painting, food trucks, carnival games, beer & wine, a photo booth, and live music by DJ Rickflare!

 Saturday, Sept. 20th, 12-4pm
 20 E Main st, New Britain CT
 Free to attend, food for purchase

The Simsbury Arts & Crafts Festival
 Over 90 handcrafted artisans, vendors and food trucks will be on hand for a wonderful day of fun.






 Sept. 21st & 22nd from 10am-4pm
 24 Iron Horse Blvd, Simsbury, CT
 Free to attend, purchases available

Three Events offered in Sept.



Sociall Circus 9/10, 5:30-7pm
 Guac & Roll 9/16, 5-7pm
 Lifts around the Lake 9/24, 5:30-7pm

 Dates Vary
 Locations Vary
 Cost varies, online registration required



FAVARH'S ANNUAL OUTDOOR CONCERT PRESENTS

MIKE DELGUIDICE

ONCE AGAIN
UNDER THE STARS



Sat., September 6, 2025
Show 7 PM | Gates 5 & 6 PM



22 Iron Horse Blvd, Simsbury, CT 06070

TICKETS: FAVARH.ORG/CONCERT

Party Under The Stars

Pack your folding chairs, blankets, and picnics, and join your Favarh family at this annual party at Simsbury Meadows Performance Center!

There'll be music, food trucks, the Moonlight Pub and all your friends gathered together for an incredible night under the stars.

Gates open at 6:00 pm, 5:00 pm for VIP seating, and the show starts at 7:00 pm!

Visit the website for more details on the artist, the food and drink, and tickets!

