





OCTOBER



*****Registration OPENS
Thursday, 9/25 at 12pm*****

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 3:30- 5:00 Walk Fit	2	3 3:30- 4:45 Workout Club	4	5
6 3:30-5 Yoga	7 3:30- 4:45 Workout Club	8	9 3:30-5 Fall Scene Craft	10	11	12
13 3:30-5 Bingo	14	15	16 3:30-5 Karaoke	17 6-8PM Halloween Dance	18	19
20 3:30-5 Zumba	21 3:30-5 Drumming on the Ball	22 3:30-5 Volleyball	23	24 Registration opens at 12pm for November	25	26
27 3:30-5 Zumba	28 3:30- 4:45 Workout Club	29 3:30-5 Favarrh Singers	30 Movie Club 3:30-5:05 Hocus Pocus 2	31 		CLICK HERE TO REGISTER

EVENTS

Contact~ Jean Miller, Recreation Director ~ 860-352-8749, jmiller@favarrh.org
Hannah Bricker, Recreation Manager ~ 860-899-4560, hbricker@favarrh.org
Special Olympics ~ sofarmingtonvalley@gmail.com



A HAUNTINGLY GOOD TIME AWAITS!

AT THE
MONSTER MASH BASH

HALLOWEEN DANCE



FEATURING THE BAND- OUT THE BOXX

FRIDAY, OCTOBER 17TH

6:00-8:00pm/Cost \$15.00

Favarh Adaptive Wellness Center

325 COMMERCE DRIVE, CANTON CT, 06019

REGISTER HERE

OR ONLINE AT FAVARH.ORG BY OCT. 10TH

PRE-REGISTRATION REQUIRED!

NO CHECKS, CASH, OR WALK-INS

ANY QUESTIONS? CONTACT US!

hbricker@favarh.org
(860)-899-4560

jmiller@favarh.org
(860)352-8749

BROUGHT TO YOU BY FAVARH RECREATION



OCTOBER 2025 EVENT GUIDE

Walk Fit

We'll take a walk on the trail. Bring water!

Date/Time: Wednesday, October 1stth ~ 3:30–5:00 p.m.

**Drop Off/Pick Up: Favarrh, 225 Commerce Drive,
Canton (lower level) ~ Registration Fee: \$7 EACH WALK
~ Group Limit: 12**

Workout Club

1-Hour Full Body Workout

| Endurance • Cardio • Strength |

A structured, full-body workout designed to improve overall fitness. The session combines strength training, cardio work, and endurance-focused movements.

Please bring: Water bottle, sneakers, and workout clothing.

**Date/Time: Friday, October 3rd, and Tuesday, October 7th
& 28th, 3:30–4:45 PM.**

**Drop off/Pick up: The Adaptive Wellness Center, 325
Commerce Drive.**

Registration Fee: \$7/ class

Group Limit: 10

YOGA with Julia

Description: 1 hour Yoga class with time to relax! Bring water, snack provided.

Date/Time: Monday, October 6th ~ 3:30–5:00 p.m.

**Drop Off/Pick Up: Favarrh Adaptive Wellness Center,
325 Commerce Drive ~ Registration Fee: \$10 ~ Group
Limit: 20**

Fall Scene Craft

We'll be painting a tree with stunning watercolor leaves– using coffee filters to make our trees 3D

Date/Time: Thursday, October 9th, 3:30–5:00PM.

**Drop off/Pick up: Lower Lever at 225 Commerce Drive
Registration Fee: \$10 EACH ~ Group Limit: 10**

BINGO

Description: What's more fun than an afternoon of BINGO.

Everyone wins! Snack provided!!

Date/Time: Monday, October 13th ~ 3:30–5:00 p.m.

**Drop Off/Pick Up: Favarrh Cafe, 150 Commerce Drive ~
Registration Fee: \$7 ~ Group Limit: 20**

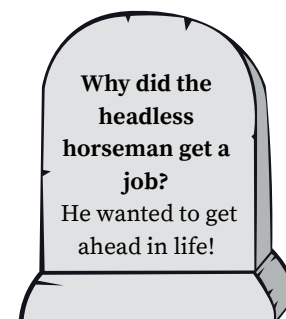
Karaoke Night

Karaoke Night is back! Whether you're a shower singer or a stage slayer, this night's for YOU.

Pop, rock, hip hop, country—whatever your jam, bring it to the stage. 🎵

Date/Time: Thursday, October 16th ~ 3:30–5:00 p.m.

**Drop Off/Pick Up: Favarrh Cafe, 150 Commerce Drive ~
Registration Fee: \$10 ~ Group Limit: 15**



OCTOBER 2025 EVENT GUIDE

ZUMBA with Jessica

Description: Always a blast, Jessica will do a 45 min. beginner level ZUMBA class for fun and fitness! Bring water, snack provided.

Date/Time: Monday, October 20th & 27th ~ 3:30-5:00 p.m.

Drop Off/Pick Up: Favarh Adaptive Wellness Center, 325 Commerce Drive ~ Registration Fee: \$10 EACH CLASS ~ Group Limit: 30

DRUMMING on the Ball with Mary

We will use large fitness balls and drumsticks to play to the beat of our favorite songs! Expect some dance moves as well! Bring water, snack provided.

Date/Time: Tuesday, October 21st ~ 3:30-5:00 p.m. Drop

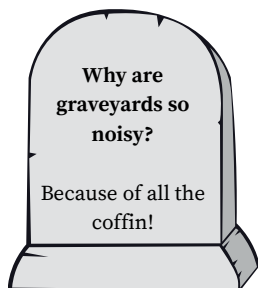
Off/Pick Up: Favarh Adaptive Wellness Center, 325 Commerce Drive ~ Registration Fee: \$10 EACH CLASS ~ Group Limit: 15

Volleyball Clinic

Learn the basics, sharpen your skills, and have a blast on the court! All levels welcome!

Date/Time: Wednesday, October 22nd - 3:30-5:00 p.m.

Drop Off/Pick Up: Favarh Adaptive Wellness Center, 325 Commerce Drive ~ Registration Fee: \$10 EACH CLASS ~ Group Limit: 10



The Favarh Singers (Previously Singing with Shello)

Love to sing? This singalong is for you! Whether you have a gorgeous voice, rock out to the radio, sing in the shower or can barely hold a tune in a bucket, singing is a great way to feel good, have fun and be together! We'll explore a variety of styles of music so there is something for everyone.

Date/Time: Wednesday, October 29th ~ 3:30-5:00 p.m.

Drop Off/Pick Up: Favarh Adaptive Wellness Center, 325 Commerce Drive ~ Registration Fee: \$10 ~ Group Limit: 15

Movie Club- Hocus Pocus 2

Let's get together and watch Hocus Pocus 2! Popcorn provided.

Synopsis: A new generation of witches unwittingly resurrects the Sanderson sisters, a trio of mischievous and powerful witches from the 17th century. Now, three teenagers must team up to stop the witches from unleashing chaos on Halloween night.

Movie Length: 1 Hour and 33 Minutes

Date/Time: Thursday, October 30th ~ 3:30-5:05 p.m.

Drop Off/Pick Up: Favarh Café, 150 Commerce Dr., Canton (across the street from the main office.)
Registration Fee: \$7 ~ Group Limit: 20




OCTOBER 2025 ON THE TOWN

THESE EVENTS ARE NOT SUPERVISED BY FAVARH RECREATION

Annual Harwinton Fair






- Friday October 3rd 4 pm - 9:30 pm pm wristband ride night! (buildings close at 9 pm)
 - Saturday October 4th 9 am-9:30 pm (buildings close at 9 pm)
 - Sunday October 5th 9 am-6 pm
- Rides open one hour after the Fair opens.

 Oct. 3rd, 4th, and 5th– Times Vary
 150 Locust rd, Harwinton CT
 \$10/ Per person, free parking

Action Wildlife- Farm Festival




Hayride, Corn pit, Petting zoo, Tire sandbox, Pumpkin sling shot, Giant hay Slide, Pumpkin bowling , Pumpkin Patch , hay maze, rubber duck races , food, beer/ wine, muesum, gift shop, playground, yard games, fall displays, 300+ exotic/ farm animals, and MORE!!

 Oct. 4th, 11th, 18th, and 25th 10am-5pm
 435 Torrington Road, Goshen CT
 \$25/ Per person

Fall Festival at Auerfarm-Bloomfield



On Sunday, October 5th, from 11 am to 4 pm, Auerfarm invites you to gather your friends, families, and neighbors to celebrate the start of fall! Take a leisurely hayride, unleash your creativity with pumpkin painting, and savor fall flavors crafted by Chef Kristiann.




 October 5th 11am-4pm
 158 Auer Farm Rd, Bloomfield CT
 \$20/ **per vehicle**



Haunted Walk Through at Flamig Farm

We will no longer be doing the traditional haunted hayrides. Instead we are focusing on a more spooky but fun, kid friendly family walk through.


6:00-7:00 kid friendly 7:00-8:00 more scary

 Oct. 17th, 18th, 24th, and 25th
 Flamig Farm, West Simsbury CT
 \$16/ Per person, free parking

Whiting Mills 3rd Halloween Spooktacular






Step inside the historic Whiting Mills, transformed into a fully immersive Halloween showcase—filled with monsters, mayhem, and festive fun for the whole family. Explore over 25 guest vendors alongside Whiting Mills' resident artists for a truly spooktacular experience.

 Oct. 18th–19th 10am-4pm
 100 Whiting St, Winsted CT
 Free Entry

Fall Outdoor Movie Night



BRING YOUR FAMILY, blankets, and lawn chairs for a fun evening under the stars! Enjoy a free outdoor movie screening the night before Halloween. Relax, unwind, and spend some time with your community. To keep the spooky spirit, come dressed in your best costume!

 Thursday, Oct. 30th 6pm-8pm
 Sycamore Hills Recreation Center, Avon
 Free Admission. Free Parking.