




Favarh  
Recreation,  
Wellness &  
Education



# APRIL 2025



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
31	1	2	3 3:30-5 Tie Dye!	4 	5 	6 The Favarh player's Present  <b>Spongebob the Musical</b>
7 3:30-5 Zumba	8 3:30-5 Workout Club	9 3:30-5 Walk Fit	10 3:30-5 Tie Dye!	11	12	13
14 3:30-5:30 Free Event! Read  Description	15 3:30-5 Country Line Dancing	16	17	18	19	20
21 3:30-5 Zumba	22 3:30-5 Drumming on the Ball	23	24	25 6:00-8:00 Flower Power Dance	26	27
28 3:30-5 Yoga	29 3:30-5 Workout Club	30 3:30-5 Singing w/ Shello				<b><u>CLICK TO REGISTER</u></b>

# EVENTS

Contact~ Jean Miller, Recreation Director ~ 860-352-8749, [jmiller@favarh.org](mailto:jmiller@favarh.org)  
 Hannah Bricker, Recreation Manager ~ 860-899-4560, [hbricker@favarh.org](mailto:hbricker@favarh.org)  
 Special Olympics ~ [sofarmingtonvalley@gmail.com](mailto:sofarmingtonvalley@gmail.com)

# APRIL 2025 PROGRAM GUIDE

## Tie Dye!

Let's tie dye! We will tie dye a variety of clothing that will make the perfect outfit for our Flower Power 60's dance!

**Date/Time: Thursday, April 3rd & April 10th- 3:30-5:00PM.**

**Drop off/Pick up: Lower Lever at 225 Commerce Drive  
Registration Fee: \$10 EACH ~ Group Limit: 10**



## ZUMBA with Jessica

Description: Always a blast, Jessica will do a 45 min. beginner level ZUMBA class for fun and fitness! Bring water, snack provided.

**Date/Time: Monday, April 7th & 21st~ 3:30-5:00 p.m.  
Drop Off/Pick Up: Favarrh Adaptive Wellness Center, 325 Commerce Drive ~ Registration Fee: \$10 EACH CLASS ~ Group Limit: 30**



## Workout Club

This is a medium intensity workout club. We will focus on building muscle and endurance through cardio and ground exercises.

Please bring: Water bottle, sneakers, workout clothing.

**Date/Time: Tuesday, April 8th & 29th~ 3:30-5:00 p.m.**

**Drop Off/Pick Up: Favarrh Adaptive Wellness Center, 325 Commerce Drive ~ Registration Fee: \$5 ~ Group Limit: 10**

## Walk Fit

We'll take a walk on the trail. Bring water!

**Date/Time: Wednesday, April 9th~ 3:30-5:00 p.m.  
Drop Off/Pick Up: Favarrh, 225 Commerce Drive, Canton (lower level) ~ Registration Fee: \$5 EACH**

**WALK ~ Group Limit: 15**



# APRIL 2025 PROGRAM GUIDE



## **! FREE EVENT 4/14 !**

**For All Ages FRIENDSHIP AND INCLUSION**

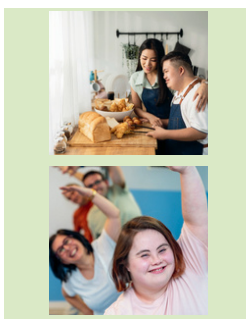
**YOU'RE INVITED!**

**We're inviting self-advocates to share stories (good and maybe not-so-good) about making friends, meeting up with friends, and feeling included.**

**Date/Time: Monday, April 14th (3:30-5:00 pm)**

**Drop Off/ Pick Up: Favarrh Café, 150 Commerce Drive, Canton**

**Program ends with an ice-cream social!**



## **Country Line Dancing with Shellie**

A 45-minute beginner level Country Line Dance instruction. So much fun! Bring water, snack provided.

**Date/Time: Tuesday, April 15th ~ 3:30-5:00 p.m. Drop**

**Off/Pick Up: Favarrh Adaptive Wellness Center, 325**

**Commerce Drive ~ Registration Fee: \$10 ~ Group**

**Limit: 20**

## **DRUMMING on the Ball with Mary**

We will use large fitness balls and drumsticks to play to the beat of our favorite songs! Expect some dance moves as well! Bring water, snack provided.

**Date/Time: Tuesday, April 22nd ~ 3:30-5:00 p.m. Drop**

**Off/Pick Up: Favarrh Adaptive Wellness Center, 325 Commerce Drive ~ Registration Fee: \$10 EACH CLASS ~ Group Limit: 15**

## **YOGA with Julia**

Description: 1 hour Yoga class with time to relax! Bring water, snack provided.

**Date/Time: Monday, April 28th~ 3:30-5:00 p.m.**

**Drop Off/Pick Up: Favarrh Adaptive Wellness Center, 325 Commerce Drive ~ Registration Fee: \$10 ~ Group Limit: 25**

## **SINGING with Shello**

Love to sing? This singalong is for you! Whether you have a gorgeous voice, rock out to the radio, sing in the shower or can barely hold a tune in a bucket, singing is a great way to feel good, have fun and be together! Learn about your voice, how to warm up and stretch, and then bring your outside voice INSIDE. We'll explore a variety of styles of music so there is something for everyone.

**Date/Time: Wednesday, April 30th ~ 3:30-5:00 p.m.**

**Drop Off/Pick Up: Favarrh Adaptive Wellness Center, 325 Commerce Drive ~ Registration Fee: \$10 ~ Group Limit: 15**



LET'S GET GROOVY

AT THE  
FLOWER  
POWER

 60'S DANCE 

FEATURING THE BAND- OUT THE BOXX

Friday, April 25th

6:00-8:00/Cost \$12.00

[Register Here](#) or online at [Favarh.org](http://Favarh.org) by [April 18th](#)

**Pre-registration required!**

**NO CHECKS, CASH , OR WALK-INS**

**Any questions? Contact Us!**

[hbricker@favarh.org](mailto:hbricker@favarh.org)

[jmiller@favarh.org](mailto:jmiller@favarh.org)

(860)-899-4560

(860)352-8749

# ON THE TOWN

## COMMUNITY OFFERINGS

THESE EVENTS ARE NOT SUPERVISED BY FAVARH RECREATION

### D'n'a Art and Event Studio

#### SPRING CRAFTERS SHOWCASE

Come shop locally made crafts!! Grace & Joy Silver, The Bluebirds Shop, Chicks with Sticks Crochet, baked goods from JoJo's Cookies and Caneles, Ketchits Customs and More, Barefoot Books with Cindy, flowering bulb, SLM Creative Crafts, Tastefully Simple with Lynn Benis and more!! We will have snacks, drinks, and a make and take craft!! Door prizes!!

 When: Friday, April 11th 6:00 pm- 8:30 pm

 73 Old County Rd, Windsor Locks CT  
Purchases of local goods available

### Downtown New Britain

#### HONEY FEST NB

Come join us for a sweet day filled with all things honey at 230 Main St. Our event will feature delicious honey tastings, live music, beekeeping demonstrations, and much more!

CENTRAL PARK,  
DOWNTOWN  
NEW BRITAIN



 When: Saturday, April 26th 11:00 am- 3:00 pm

 230 Main Street, New Britain CT

 Free event- Purchases available

 Free Parking at Badolato Parking garage-  
35 Washington St, New Britain CT

### Peoples State Forest

#### ANNUAL EARTH DAY FESTIVAL



 When: Sunday, April 27th- 12:30- 5:30PM

 Where: 106 E River Rd, Barkhamsted CT.

 Free food & activities

### Ethel Walker School

## UNIFIED ART

[Click here to register](#)

Contact Clarissa Basch at  
[clarissa\\_basch@ethelwalker.org](mailto:clarissa_basch@ethelwalker.org)  
for more info

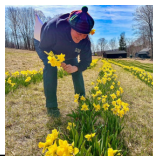
 When: April 13th & 27th 1 PM-2 PM

 Where: Ethel Walker School, Simsbury, CT

 Free-Registration required

### Halfinger Farm

#### PICK YOUR OWN DAFFODILS



Contact number:  
(860)345-4609

[Click the photo for more info](#)

 When: April 1st- May 4th 10AM-5PM

 Where: 489 Candlewood Hill rd. Higganum,  
CT 06441

 70 cents per flower

#### CLEAN ADULT COMEDY SHOW

Join us at The Elbow Room for a night of non-stop laughter and good times. Grab your friends and come enjoy some clean adult humor in a fun and relaxed atmosphere. Don't miss out on this one-of-a-kind comedy event!

 When: Sunday, April 13th at 5PM

 Where: The Elbow Room, 986 Farmington Ave, West Hartford CT.

 \$23.00/ Ticket



# ON THE TOWN

## COMMUNITY OFFERINGS

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birdies & buddies

Saturday March 29,  
2025 1pm-3pm HJMS  
Gym 155 Firetown Rd,  
Simsbury, CT Register  
as a player or a buddy at  
[birdiesbuddies.wixsite.com/home](http://birdiesbuddies.wixsite.com/home)

a badminton event for  
differing abilities,  
including yours.

birdies & buddies is a social group dedicated to providing a fun and inclusive environment where individuals with special needs and mixed abilities can make meaningful friendships through playing badminton, an easily adaptable and innately social sport. Contact us at [birdiesnbuddies@gmail.com](mailto:birdiesnbuddies@gmail.com).



Favarh Players Present

## SPONGEBOB SQUAREPANTS

**Dates:**

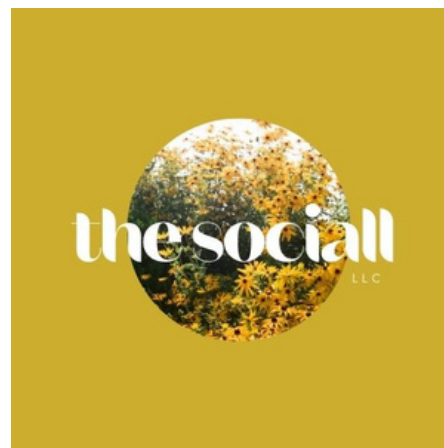
Friday and Saturday, April 4 and 5, 2025 at 7 PM  
Sunday, April 6, 2025 at 1 PM

**Where:**

Northwest Catholic School  
29 Wampanoag Dr, West Hartford, CT 06117

**Cost:**

\$15 General Admission



**Tik Tok Dance Party**

when: 4/9 from 5-7pm  
where: parkville market, hartford ct  
cost: \$32 (incl. tax)

**Eco Crafting**

when: 4/22 from 5:30-7pm  
where: auerfarm, bloomfield ct  
cost: \$27 (incl. tax)

**Mocktail Mixer**

when: 4/28 from 5:30-7pm  
where: 30 ashley st, hartford ct  
cost: \$27 (incl. tax)