

# JUNE 2025 SIMMEN



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2	3	4	5	6	7	8
	3:30- 5		3:30- 5			
	Workout		Shell frame			
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<b>3:30- 5</b>	10 <b>3:30-5</b>	1]	12	13	14	нарру 15
	Drumming	3:30-5	3:30-5:15			<b>FAIHEKS</b>
Zumba	on the Ball	Walk Fit	Movie Club			<b>∌DAY</b> €
16		10	10	Je Hoha 20	21	00
10	3:30- 5	18	<b>3:30- 5</b>	6:00-8	21	22
	Workout		Beach in a jar			
	Club		craft	Summer Bash		
23	_24	25	26	27	28	29
3:30- 5	3:30-5	3:30-5				
Zumba	Country Line					
	Dancing	Shello				
30						<u>Click</u>
3:30- 5						<u>Here to</u>
Yoga						<u>Register</u>
						or visit Favarh.org



Contact~ Jean Miller, Recreation Director ~ 860-352-8749, jmiller@favarh.org Hannah Bricker, Recreation Manager ~ 860-899-4560, hbricker@favarh.org Special Olympics ~ sofarmingtonvalley@gmail.com



# JUNE 2025 PROGRAM GUIDE

#### **Workout Club**

This is a medium intensity workout club. We will focus on building muscle and endurance through cardio and ground exercises.

Please bring: Water bottle, sneakers, workout clothing.

Date/Time: Tuesday, June 3<sup>rd</sup> & 17th~ 3:30-5:00 p.m.

Drop Off/Pick Up: Favarh Adaptive Wellness Center, 325

Commerce Drive ~ Registration Fee: \$5 ~ Group Limit: 12

#### **Shell Frame Craft**

We will decorate a frame with beautiful painted shells!

Date/Time: Thursday, June 5th, 3:30-5:00PM.

Drop off/Pick up: Lower Lever at 225 Commerce Drive

Registration Fee: \$10 EACH ~ Group Limit: 10

#### **ZUMBA** with Jessica

Description: Always a blast, Jessica will do a 45 min. beginner level ZUMBA class for fun and fitness! Bring water, snack provided.

Date/Time: Monday, June 9<sup>th</sup> & 23<sup>rd</sup> ~ 3:30-5:00 p.m. Drop Off/Pick Up: Favarh Adaptive Wellness Center, 325 Commerce Drive ~ Registration Fee: \$10 EACH CLASS ~ Group Limit: 30

## **DRUMMING on the Ball with Mary**

We will use large fitness balls and drumsticks to play to the beat of our favorite songs! Expect some dance moves as well! Bring water, snack provided.

Date/Time: Tuesday, June 10<sup>th</sup> ~ 3:30-5:00 p.m. Drop Off/Pick Up: Favarh Adaptive Wellness Center, 325 Commerce Drive ~ Registration Fee: \$10 EACH CLASS ~ Group Limit: 15

#### Walk Fit

We'll take a walk on the trail. Bring water!

Date/Time: Wednesday, June 11<sup>th</sup>~ 3:30-5:00 p.m.

Drop Off/Pick Up: Favarh, 225 Commerce Drive,

Canton (lower level) ~ Registration Fee: \$5 EACH

WALK ~ Group Limit: 12

#### **MOVIE CLUB**

We'll watch High School Musical 2- A light hearted summer musical. Popcorn and beverages provided!

Date/Time: Thursday, June 12<sup>th</sup> ~ 3:30-5:15 p.m.

Drop Off/Pick Up: Favarh Café, 150 Commerce Dr.,

Canton (across the street from the main office.)

Registration Fee: \$5 ~ Group Limit: 20





### **Beach in a Jar Craft**

Let's make our own perfect beach. Complete with sand, shells, and fairy lights!

Date/Time: Thursday, June 19th, 3:30-5:00PM.

Drop off/Pick up: Lower Lever at 225 Commerce Drive
Registration Fee: \$10 EACH ~ Group Limit: 10



# JUNE 2025 PROGRAM GUIDE

## **Country Line Dancing with Shellie**

A 45-minute beginner level Country Line Dance instruction. So much fun! Bring water, snack provided.

Date/Time: Tuesday, June 24th ~ 3:30-5:00 p.m.

Drop Off/Pick Up: Favarh Adaptive Wellness Center,

325 Commerce Drive ~ Registration Fee: \$10 ~ Group Limit: 25

#### **SINGING with Shello**

Love to sing? This singalong is for you! Whether you have a gorgeous voice, rock out to the radio, sing in the shower or can barely hold a tune in a bucket, singing is a great way to feel good, have fun and be together! Learn about your voice, how to warm up and stretch, and then bring your outside voice INSIDE. We'll explore a variety of styles of music so there is something for everyone.

Date/Time: Wednesday, June 25th ~ 3:30-5:00 p.m.
Drop Off/Pick Up: Favarh Adaptive Wellness Center,
325 Commerce Drive ~ Registration Fee: \$10 ~ Group
Limit: 15

#### **YOGA with Julia**

Description: I hour Yoga class with time to relax! Bring water, snack provided.

Date/Time: Monday, June 30th~ 3:30-5:00 p.m.
Drop Off/Pick Up: Favarh Adaptive Wellness Center,
325 Commerce Drive ~ Registration Fee: \$10 ~ Group
Limit: 25









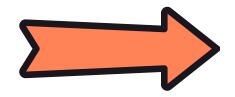








# DON'T MISS THE EXCITING EVENTS HAPPENING THIS JUNE!



# JUNE 2025

# ON THE TOWN

## THESE EVENTS ARE NOT SUPERVISED BY FAVARH RECREATION



Carnival rides, petting zoo, monster trucks, rodeo and more!

- When: June 6th-8th
- <sup>₱</sup>Where: 116 Old Middle st, Goshen
- **\$** General Admission: \$26

#### Collinsville Summer Street Fair



MAX CREEK
The Decker Bandits
Danny and the Parts
Jr Krauss and the Shakes
Street Mural Contest
Art Market
Join us for a CREEK HOMECOMING
in C'Ville!! With some of our most
talented homegrown artists!

- When: Saturday, June 14th from 2PM-9PM
- → Where: River street, Collinsville CT
- 💲 Free

#### Little Poland Festival



With leaping folk dancers, live bands, mouth watering food, over 100 vendors, costumed characters, kid activities and lots of fun and surprises, see why the Little Poland Festival has become an annual tradition for families throughout New England. Over 35 thousand visitors attended last year. Join us for the fun June 8th.

- 💳 When: Sunday, June 8<sup>th</sup> at 11AM
- → Where: Broad street, New Britain CT
- **§** Free Entry

## **New Hartford Lions Club Giant**



Antiques, Arts and Crafts, Tag Sale Items, Food, Free Parking, Live Music, Raffles

- **When: Saturday, June 7<sup>th</sup> from 8AM-3PM**
- PWhere: Brodie Park, New Hartford CT
- \$ \$3.00 Adult Admission

# **Bantam Community Farmers Market**



The Market is Growing!

Mark your calendar for a relaxing early evening shopping with over 18 of your local farmers, artists and vendors!

The local music talent line up this year is amazing! Check out the schedule below.

We have Eagle Eye pizza and other local food trucks stopping by for you to enjoy

- 📴 When: Friday, June 6<sup>th</sup> from 3PM-6PM
- 🍑 Where: 273 Bantam Lake Rd, Bantam CT
- Free Entry

## Dads, Donuts, Tractors, Trucks, & More



At Hein Farm

Explore the farm with Dad this Father's Day and enjoy Dude's Donut Truck, Happy Tails Coffee truck an the Dawg Tour hot dogs. Live music, antique truck & tractor show and the ponds will be open for fishing! Fun for the whole familu.

- 🌃 When: Sunday, June 15<sup>th</sup> from 10AM- 2:30PM
- ↑ Where: 303 Meadow Rd, Farmington CT
- 💃 Free Entry

